



1155 E. Springfield Ave.  
Reedley, CA 93654

[ ]

Happy  
Thanksgiving

Sierra View Homes Retirement Community  
1155 East Springfield Avenue, Reedley, CA 93654  
1245 East Springfield Avenue (Apt 1-56)  
1140 East Evening Glow Avenue (Apt 57-65)  
1079 East Springfield Avenue (Apt 101-319)  
Phone (559)638-9226; Fax (559)638-6857;  
[www.sierraview.org](http://www.sierraview.org)

# Sierra View Homes Retirement Community

Where you are

IN THE COMPANY OF FRIENDS



November

2024  
Newsletter

## Executive Director's Note . . .

November is a time to contemplate the changing seasons, the generosity of God, and the blessing of our relationships with each other. Fall is so beautiful. I love the changing color of the leaves, I even enjoy raking the leaves. Wearing sweaters is comforting as the days cool down. It's time to enjoy Pumpkin spice lattes and other warm beverages. Pumpkin pie and persimmon cookies are an anticipated favorite dessert that will soon make an appearance on my Thanksgiving table.

Time has a way of making traditions and changing traditions. My husband and I are now in charge of the Thanksgiving turkey. A tradition that has belonged to my mother-in-law. Each family member has taken on the duty of making a traditional dish. Green bean casserole, sweet potatoes, and bread each have a person making it from a recipe of their choice. Lately our family has grown and getting together has become more difficult. At times the younger families are missing due to a variety of commitments. I must remember to count my blessings and enjoy the pattern of the new traditions evolving.

Thanksgiving is a time to give thanks for our blessings. Many families have a tradition of going around the table allowing each person to say something they are thankful for. I am thankful for all the residents who call Sierra View Homes Retirement Community home. I am thankful for the staff who work tirelessly to make everyone comfortable, safe and happy. I am grateful for the members of the Board of Directors and for the Auxiliary. Your love and dedication to Sierra View Homes Retirement Community is truly remarkable. I cannot forget to be thankful for the volunteers who serve in various capacities. We truly are in the company of friends.

So, as you gather around the Thanksgiving tables this year; remember the words of the song: "Count your Blessings Name them one by one," May these thoughts ring in your hearts and please remember Sierra View Homes Retirement Community is grateful for you. I pray for God's blessing to find you this Thanksgiving and you recognize His bounty.

Happy Thanksgiving

*Ra Linscheid*



# See's CANDIES®



Our annual See's Candy sale is back! Now through November 27, stop by the Administration Office to place your orders for all your favorite treats. This annual tradition makes it easy for residents to purchase delicious See's candies and have them delivered directly to our community. Don't miss out on these holiday favorites—perfect for yourself or as gifts!



## Cold and Flu Prevention Tips

- Avoid Crowds: Minimize exposure in close or crowded areas.
- Wash Hands: Use soap or sanitizer often to kill germs.
- Hydrate: Drink water regularly to support immunity.
- Eat Well: Focus on vitamins, zinc, and protein-rich foods.
- Exercise and Rest: Stay active and get 7+ hours of sleep.
- Vaccinate: Get flu and pneumonia vaccines, especially if older or at-risk.
- Avoid Sick People: Limit contact and practice good hygiene.

Staying healthy this season takes proactive care. In-home care can support you with wellness routines, nutrition, and more.



## Daylight Savings Reminder

It's that time of year again! Don't forget to turn your clocks back by one hour on Sunday, November 5 as Daylight Savings Time comes to an end. Enjoy that extra hour of rest, and let's welcome in the cozy fall season together here at Sierra View Homes!



Join us in celebrating Thanksgiving with a festive lunch on Tuesday, November 28! Residents and family members are invited to enjoy a delicious holiday meal together.

The cost is \$12 per person.

**Please RSVP by November 18** to ensure we have enough food for everyone. We look forward to sharing this special time with you!

*Happy Thanksgiving from all of us at Sierra View Homes!*



**Sierra View Homes  
Welcomes Ramiro Calderon,  
Our New Groundskeeper!**



We're excited to introduce Ramiro Calderon, our new groundskeeper at Sierra View Homes! Originally from Morelia, Michoacán, Mexico, Ramiro now lives in Dinuba and is a proud father of three daughters. Since joining us, he has worked tirelessly to restore the lush, green beauty of our grounds. If you see Ramiro around, be sure to say hello! He's doing an outstanding job, and we're thrilled to have him as part of our community. Welcome, Ramiro!

## The Paradise We Are Called to Create

I remember hearing a story when I was younger about a man who was told about the day of his death and was told he could bring one bag along with him. He immediately sold everything he had, went to the bank and cashed it all in for gold bars. Feeling quite clever he walked up to the pearly gates with his bag of gold bars, only to be asked "why did you pack paving stones?"

I think the moral of the story was that the material things we hold dear in this world do not compare with the riches we have in store for us. And yet, when I see popular depictions of heaven, I wonder if we haven't filled it with things that our hearts crave on earth. Is Paradise streets of gold and suburbs of glitzy mansions?

When we read Genesis 3, the description of God's original design of paradise does not include any of those things. Thomas Frietham identifies that its qualities are really quite basic: life, freedom, food, place to call home, family, harmonious relationships, and stable natural environment.

Humanity, in its ever-present desire to wrestle control from God, was evicted from this paradise and we have yearned to return to it everyday since. Jesus taught us to pray that this Paradise come "on earth as in heaven." In our imperfect state we cannot do this in full, but we can create glimpses of it so that others may know God's divine plan.

I had the chance recently to visit a migrant shelter on the Mexico border that is supported by a variety of churches across different denominations. It is a community of 130 migrants from different countries, who are waiting for their immigration appointments. Many of them were forced from their home and experienced much hardship as they journeyed. Their futures are so uncertain. And yet for the weeks and months while they wait at the border, they do not have to sleep on the streets and face the violence of the cartels. They live in a shelter that provides food, shelter, and education for their children. There is a therapist to process their trauma and vocational training to learn trades and create art. It is a drop in the bucket to a much larger problem, but for these people, even if only for a few months, it is a paradise.

May God grant us the strength and the creativity to bring the Kingdom of God closer to those who need it most, not with gold or mansions, but through the simple qualities of life, freedom, food, place to call home, family, harmonious relationships, and stable natural environment.

*Caley Ortman*



# ACTIVITY CALENDAR

## November

(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Founder's Room (SW)= Sequoia Welcoming Room  
 Daily activities are posted on the white boards in the Residential Care Facility  
 TURN YOUR TELEVISION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		Give Thanks					
					1	2	
					<b>9:00am-Chats with Chaplain</b> 10:15am-Sittercise(MK) 2:00pm-Bingo(MK)	10:15am-Saturday Surprise 1:30pm-Movie & Popcorn(MK) <b>5:30pm-Kiwanis Spaghetti Fundraiser (KC)</b>	
3	4	5	6	7	8	9	
<b>9:00am-Church Service (KC)</b> 2:00pm-Nails (MK)  <b>Daylight Savings Time Ends</b>	10:15am-Sittercise 10:30am-Memory Jogger 2:00pm-Memory Lane (MK)	<b>9:30am-Men's Coffee</b> 10:15am-Sittercise <b>2:00pm-Bingo</b>	10:15am-Sittercise 10:30am-Resident Council (MK) <b>2:00pm-Bible Study (KC)</b>	10:15am-Sittercise 2:00pm-Bistro & Board Games (SW)	<b>9:00am-Chats with Chaplain</b> 10:15am-Sittercise 2:00pm-Bingo	10:15am-Sittercise 2:00pm-Nails	
10	11	12	13	14	15	16	
<b>9:00am-Church Service (KC)</b> 2:00pm-Nails (MK)	10:15am-Sittercise 10:30am-Arts & Crafts) <b>2:00pm-Veterans Day Sundae Bar (SW)</b> <small>VETERANS DAY HONORING ALL WHO SERVED</small>	<b>9:30am-Men's Coffee</b> 10:15am-Sittercise 10:30am-Nails <b>2:00pm-Bingo (MK)</b>	10:15am-Sittercise 10:30am-Arts & Crafts with Kris (MK) <b>2:00pm-Bible Study (KC)</b>	<b>10:00am-Food Committee Meeting (KC)</b> 10:15am-Sittercise 2:00pm-Bistro & Board Games (SW)	<b>9:00am-Chats with Chaplain</b> 10:15am-Sittercise (MK) <b>2:00pm-Bingo (MK)</b>	10:15am-Sittercise(MK) 1:30pm-Movie & Popcorn	
17	18	19	20	21	22	23	
<b>9:00am-Church Service (KC)</b> 2:00pm-Nails (MK)	10:15am-Sittercise 10:30am-Memory Jogger <b>2:00pm-Movie Matinee Featuring: TBD</b>	<b>9:30am-Men's Coffee</b> 10:15am-Sittercise(MK) 2:00pm-Bingo (MK)	10:15am-Sittercise 10:30am-Coffee Social (MK) <b>11:45am-Ron Surabian (KC)</b> <b>2:00pm-Bible Study (KC)</b>	10:15am-Sittercise(MK) 2:00pm-Bistro & Board Games (SW) <b>3:00pm-Communion Service (Chapel)</b>	9:00am-Chats with Chaplain(Chapel) 10:15am-Sittercise (MK) <b>2:00pm-Bingo</b>	10:15am-Sittercise (MK) 2:00pm-Nails	
24	25	26	27	28	29	30	
<b>9:00am-Church Service (KC)</b> 2:00pm-Nails (MK)	10:15am-Sittercise 2:00pm-Fall Refreshments (MK)	<b>9:30am-Men's Coffee</b> 10:15am-Sittercise(MK) 2:00pm-Bingo (MK)	10:15am-Sittercise 10:30am-Coffee Social (MK) <b>2:00pm-Bible Study (KC)</b> 2:00pm-Tree Fluffing (MK)	<b>Happy Thanksgiving</b>	<b>9:00am-Chats with Chaplain</b> 10:15am-Sittercise 2:00pm-Bingo (MK)	10:15am-Sittercise 1:30pm-Movie & Popcorn (MK)	