



1155 E. Springfield Ave.
Reedley, CA 93654

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HAPPY
Independence
★ DAY ★

Sierra View Homes Retirement Community
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Sierra View Homes Retirement Community

Where you are

IN THE COMPANY OF FRIENDS



July
2025
Newsletter

Executive Director's Note . . .

As we step into the heart of summer the indoors never looked so inviting, yes, it is wonderful to converse, exercise and dine in the comfortable 78 degree ambiance in our lounges and dining rooms. You could never be reminded enough to be outside in the early morning hours, and drink water to stay hydrated at this time. July is a month that celebrates freedom, reflection, and the beauty of simple joys.

July is a time to honor our independence, both as a nation and as individuals. It's a perfect moment to look back on how far we've come and appreciate the strength and resilience we carry through each season of life.

Here at Sierra View Homes Retirement Community, we are celebrating the 4th of July with the usual 4th barbeque and salads. The Kingsburg band concerts tradition continues with the kettle corn making the evening extra sweet. We are enjoying the fruits of the Valley; sweet juicy nectarines are my favorite. The bounty of the gardens we planted in early spring are now giving us vegetables, tomatoes, and more. I remember picking cucumbers as a child and wondering why God made them green. They were so hard to find among the green leaves. Every so often we would come across a really large one.

Let the sunshine lift your spirits and the long days invite more laughter, conversations, and early morning time outside. Whether you're sharing stories in the gazebos, enjoying an ice cream social, or watching fireworks light up the sky, July encourages us to stay connected and make new memories.

Remember, each day is a fresh page. Embrace it with curiosity, gratitude, and appreciation to our Creator.

Happy July—may it be filled with warmth, wonder, and community!

Ra Linscheid

Monday Nights Are Game Nights!

Join us every Monday night from 6:00 PM to 8:00 PM in the Terraces Lobby for Game Night! Enjoy the pool table, dominoes, card games, snacks, and coffee with friends. Let's start the week with fun, laughter, and great company!



We want to inform our residents that the Rite Aid in Reedley will be closing, with their last day of operation on Saturday, July 13.

Please remember to make any necessary changes to your pharmacy before that date. Local options include CVS and Reedley Pro Scripts.

Stay Safe in the Summer Heat!

As temperatures rise, it's important to take extra precautions to stay healthy and comfortable. Here are a few tips to help you beat the heat:

- 💧 Drink water often—even if you're not thirsty.
- 🌞 Avoid the midday sun—plan outdoor time for early morning or evening.
- 🧢 Protect your skin and eyes—wear a hat, sunglasses, and SPF 15+ sunscreen.
- 👕 Dress light—choose lightweight, light-colored clothing.
- ⚠️ Watch for heat stroke—signs include dizziness, confusion, and nausea. Move to a cool place, hydrate, and seek help if needed.

Stay cool, stay safe, and enjoy your summer! 🌴

Fourth of July Lunch

July 4, 2025

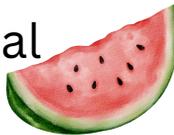
Free for residents, join us in the Kings Canyon dining room. Families are welcome to join by making reservations and a cost of \$10 per family member. Please sign up in the Administration Building by July 3, 2025.

Service of Remembrance

August 1, 2025 at 2 p.m. Sierra View Homes Retirement Community will have a service to remember the residents who recently passed away. Family and friends of those who have passed away are welcome to come and share in a time of remembrance. We will have a time to share, sing some songs and our Chaplain, Caley Ortman, will bring a message. The service will take place in the Kings Canyon Room.



You're Invited to Our Annual Watermelon Social!



Join us for a refreshing summer tradition! Come enjoy sweet, juicy watermelon and great company at our Annual Watermelon Social on Wednesday, July 23 at 2:00 PM in the Sequoia Welcoming Room.

We look forward to seeing you there!

The Spiritual Practice of Showing Up

When I was in seminary I had a professor warn us against theologies that reduced the church to a “vending machine of religious goods and services.” Being raised in a consumerist society, we grow up with a certain expectation that we will be able to customize our lives to fit our personal preferences. That might be ok if you are deciding on a shampoo or breakfast cereal, but it can be problematic when you bring that expectation to church.

The church is unique in its diversity. Each congregation includes a wide range of ages, cultures, socioeconomic backgrounds and theological convictions. While we celebrate that diversity, it is also a challenge to hold it all together. How can one worship service meet everybody's expectations? My short answer would be that it cannot, and that is ok.

I am not suggesting giving up the expectation of having your spiritual needs met, but it is good to remember that not every element of every service will be enjoyable or fulfilling to you. The other day I heard someone say “be bored quietly, because somebody might be having an experience.” Do we love our neighbor enough to allow them a moment of spiritual connection through an experience that is unrewarding to us?

So much of church is showing up for each other. Sometimes we come to church feeling in control of our lives, enjoying the routine and rhythm of church. Other times we come to church when we are at our lowest, when we are truly in need. When that happens, each word and practice carries deeper meanings, and part of its meaning is drawn from the people who show up every week to do it with you. We never know who it is that desperately needs church on any given day, so may we participate graciously, both when the meaning is rich for us, and also when it might be for someone else.

Caley Ortman



ACTIVITY CALENDAR

July 2025

(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Founder's Room (SW)= Sequoia Welcoming Room
 Daily activities are posted on the white boards in the Residential Care Facility
 TURN YOUR TELEVISION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES.

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
				1	9:30am- Men's Coffee 10:15am- Spring Into Action (MK) 2:00pm-Bingo	2	10:15am- Spring Into Action(MK) 10:30am- Resident Council (MK) 2:00pm- Bible Study(KC) 2:00pm-Red White & Blue Social (MK)	3	Dr McLean Podiatrist (MK) 2:00pm-Bistro & Board Games (SW)	4	9:00am-Chats with Chaplain(Chapel) 10:15am-Spring Into Action(MK) 12:00pm- Independence Day BBQ Lunch (KC) 2:00pm- Bingo (MK)	5	10:00am-Spring Into Action(MK) 10:30-Arm Chair Travel 1:30pm-Cinema Saturday(MK)
				6	9:00am-Church Service 2:00pm-Nails (MK)	7	10:15am-Spring Into Action(MK) 1:30pm-Movie Matinee Featuring "Driving Miss Daisy" (1989)(KC)	8	9:30am- Men's Coffee 10:15am-Spring Into Action(MK) 2:00pm-Bingo	9	10:15am-Spring Into Action(MK) 10:30am-The Weekly Brew 2:00pm- Bible Study(KC) 2:00pm-Exploring More Together (MK)	10	10:15am-Spring Into Action(MK) 10:00am-Food Committee Meeting (KC) 2:00pm-Bistro & Board Games (SW)
13	9:00am-Church Service 2:00pm-Nails (MK)	14	10:15am-Spring Into Action(MK) 10:30am-Memory Jogger 2:00pm- Residential Care Birthday Celebration (MK)	15	10:15am- Step it up (MK) 2:00pm- Bingo (MK)	16	10:15am-Spring Into Action(MK) 10:30am-The Weekly Brew 2:00pm-Bible Study (KC) 11:45am-Ron Surabian (KC) 2:00pm- Crafty Creations (MK)	17	10:15am-Spring Into Action(MK) 2:00pm-Bistro & Board Games (SW)	18	9:00am- Chats with Chaplain (Chapel) 10:15am-Seated Yoga (MK) 2:00pm- Bingo (MK)	19	10:00am-Spring Into Action(MK) 10:30am-Trivia 2:00pm-Jingo
20	9:00am-Church Service 2:00pm-Nails (MK)	21	10:15am-Spring Into Action(MK) 10:30am- Trivia 2:00pm-Taste Test	22	10:15am-Spring Into Action(MK) 2:00pm-Bingo (MK)	23	10:15am-Spring Into Action(MK) 10:30am- The Weekly Brew 2:00pm-Watermelon Social(SW)	24	10:15am-Spring Into Action(MK) 12:00pm-Summer Fling(KC) 2:00pm-Bistro & Board Games (SW)	25	10:15am-Spring Into Action(MK) 2:00pm- Bingo (MK)	26	10:00am-Spring Into Action(MK) 10:30-Nails 2:00pm-Guessing Game
27	9:00am-Church Service 2:00pm-Nails (MK)	28	10:15am-Spring Into Action(MK) 2:00pm-Arm Chair Travel	29	10:15am-Spring Into Action(MK) 2:00pm-Bingo (MK)	30	10:15am-Spring Into Action(MK) 10:30am- The Weekly Brew 2:00pm-Pet Therapy(MK)	31	10:15am-Spring Into Action(MK) 2:00pm-Bistro & Board Games (SW)				