



1155 E. Springfield Ave.  
Reedley, CA 93654

[ ]

HAPPY  
Mother's Day

Please joins us for a  
Mothers Day Lunch on  
May 12, 2024  
at 12:00 p.m.

please sign up in the administration  
office by May 11, 2024

Sierra View Homes Retirement Community  
1155 East Springfield Avenue, Reedley, CA 93654  
1245 East Springfield Avenue (Apt 1-56)  
1140 East Evening Glow Avenue (Apt 57-65)  
1079 East Springfield Avenue (Apt 101-319)  
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[www.sierraview.org](http://www.sierraview.org)

# Sierra View Homes Retirement Community

Where you are  
IN THE COMPANY OF FRIENDS



## May 2024 Newsletter

## Executive Director's Note . . .

Can you believe it is May? May is full of color as flowers bloom and stand tall in their elegance. May also is a time to celebrate Mother's Day. We pause in the month of May to think about our mothers. Many will spend time with their families and some of us will simply remember our mothers. I am thankful for the time I had with my mother. I remember thinking during my time of raising children how often I sounded just like my mother. I still to this day catch myself doing or saying something that brings my mother to mind.

May is also a time we celebrate nurses. Nurses are special people dedicated to caring for individuals who need tender loving care. I am in awe of the nursing staff of Sierra View Homes. Many residents come in for rehab and then extend their stay because they have found love and support here. The nurses of Sierra View Homes have endured many things these past four years and have stayed the course. They continue to show up to be the anchor for the care and wellbeing of the people who have chosen to come to Sierra View Homes.

May is the month I hope to end my medical leave of absence and work with staff, residents and families once again. Knee replacement surgery has been a difficult surgery to recover from. Many therapy sessions, lots of homework, recovering from setbacks all have been part of the healing process. I have had to learn patience and understanding about how my body heals after major surgery. Thank you to the many who prayed for me and sent well wishes my way. I truly feel loved and blessed. I want to thank Kecia Friesen for her leadership during my time of convalescing. She did a great job.

Welcome May with warmer days, longer daylight hours, and the beginning of the summer fruit harvest. This is the month to remember our mothers and to celebrate the people who have chosen the nursing profession and staff who help to make Sierra View Homes such a supportive and healing place.

I pray that your May is full of joy and love from the start to the end.

Happy Mother's Day!

*Ro Linscheid*



# Kiwanis®

Kiwanis "To build"

Thank you so much for hosting the Sunrise Kiwanis Club of Reedley Spring Dinner. It was a successful evening of great food, fun and conversations. Archie again was extremely entertaining as he mastered the auction of many eclectic items. Some of the bidding became pretty competitive, but it was all in fun.

The skewer of beef kabob was tender and delicious, it was topped off with soft serve icecream. We had 100 people who attended and some 44 who picked up a takeout. Chef Tony, the kitchen staff, and the wait staff were great. We kept the volunteers from the Reedley High School Key Club, and two little volunteers busy as well.

Thank you again,  
Angel Rodriguez  
President, Sunrise Kiwanis of Reedley



## FOLKLORICO DANCERS

Come Celebrate  
Cinco de Mayo  
May 2, 2024  
at 11:30 a.m. (KC)



Memorial Day BBQ Lunch  
May 27, 2024  
At 12:00 p.m.





*Aprons of Love*

*Tea Party*

Join us on  
May 8, 2024

at

2:00 p.m.

for a Mothers  
Day Tea Party

## GET MOVING PROGRAM

Sierra View Homes continues to receive a Sierra Kings Health Care District grant for this free well being and energetic exercise class. Independent Living and Assisted Living residents may sign up in the Administration Office. Classes usually meet on Monday, Wednesday, and Friday at 9:00 a.m. for eight weeks. Be sure to sign-up; the next class will begin in July.



## Lessons on the Road

It is hard for me to comprehend the level of disorientation the disciples were feeling in the days and weeks following the crucifixion and resurrection. The trajectory of life as they expected it had come to a screeching halt. They had given up livelihoods and perhaps even families, to follow Jesus. And now...what?

In Luke 24 two disciples process all of this as they travel to the village of Emmaus. As they spoke, Jesus came up alongside them and asked what they were talking about. Jesus walks with them the entire way without revealing his identity. The scene is both humorous and perplexing. Why does Jesus act in this way towards these down-trodden disciples?

What is there to be learned about Jesus as teacher and shepherd? It strikes me that there are lessons in life that we learn from quietly listening to people, absorbing the wisdom of their words. Undoubtedly the disciples spent plenty of time learning in this way. But there are other times where we have to come to certain conclusions on our own, thinking and processing out loud, even if the process isn't perfect.

Jesus allows for the disciples to voice their fears and questions, then he teaches. And only after this, when they have arrived at their destination, do the disciples receive their breakthrough revelation:

*When he was at the table with them, he took bread, gave thanks broke it and began to give it to them. Then their eyes were opened and they recognized him, and he disappeared from their sight. They asked each other, Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us? (Luke 24:30-32)*

The disciples had to leave behind the life they knew for one of incredible uncertainty. It would be worth it of course, but they all had to come to that conclusion on their own terms. They did so with Jesus at their side, teaching and encouraging, but never coercing. May our teaching and mentoring carry the same grace and compassion as we walk with others on the path set before us, accompanied by the risen Christ.

*Caley Ortman*


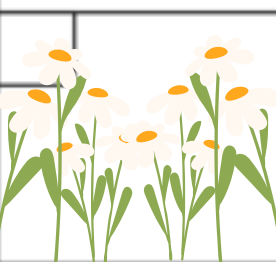
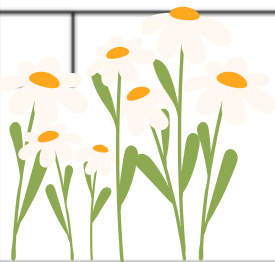
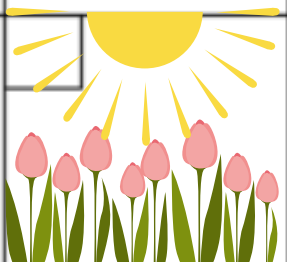




# ACTIVITY CALENDAR

## May 2024

(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Founder's Room (SW)= Sequoia Welcoming Room  
 Daily activities are posted on the white boards in the Residential Care Facility  
 TURN YOUR TELEVISION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES.

| Sunday   |   | Monday  |  | Tuesday   |  | Wednesday |  | Thursday |  | Friday |  | Saturday  |   |
|--|---|---|--|---|--|-----------|--|----------|--|--------|--|---|---|
|  |   |  |  |  |  | 1         | 10:15am-Sittercise<br>10:30am-Resident Council (MK)<br><b>2:00pm-Bible Study (KC)</b>                                  | 2        | 10:15am-Sittercise<br>2:00pm-Bistro & Board Games (SW)   | 3      | 9:00am-Chats with Chaplain<br>10:15am-Sittercise<br><b>11:30am-Folklorico Dancers (KC)</b><br>2:00pm-Bingo | 4   | 10:15am-Sittercise<br>2:00pm-Movie & Popcorn (MK)     |
| 5  | 9:00am-Church Service<br>2:00pm-Cinco de Mayo Potluck (MK)  | 6   | 10:15am-Sittercise<br>10:30am-Memory Jogger<br>2:00pm-Arts & Crafts with Kris (MK)   | 7   | 9:30am-Men's Coffee<br>10:15am-Sittercise<br>2:00pm-Bingo                        | 8         | 10:15am-Sittercise<br>10:30am-Coffee Social (MK)<br><b>2:00pm-Aprons of Love Ladies Tea (SW)</b>                       | 9        | <b>10:00am-Food Committee Meeting (KC)</b><br>10:15am-Sittercise<br>2:00pm-Bistro & Board Games (SW) | 10     | 9:00am-Chats with Chaplain<br>10:15am-Sittercise<br>2:00pm-Bingo   | 11  | 10:15am-Sittercise<br>2:00pm- Nails                   |
| 12   | 9:00am-Church Service<br><b>12:00pm-Mother's Day Lunch (KC)</b><br>2:00pm-Mom-mosas (MK)<br><i>Mother's Day</i> | 13  | 10:15am-Sittercise<br>10:30am-Trivia<br>2:00pm-Residential Care Facility Birthday Celebration  | 14  | 9:30am-Men's Coffee<br>10:15am-Sittercise<br>10:30am-Men's Nails<br>2:00pm-Bingo | 15        | 10:15am-Sittercise<br>10:30am-Coffee Social (MK)<br><b>11:45am-Ron Surabian (KC)</b><br><b>2:00pm-Bible Study (KC)</b> | 16       | 10:15am-Sittercise<br>2:00pm-Bistro & Board Games (SW)   | 17     | 9:00am - Chats with Chaplain<br>10:15am-Sittercise<br>2:00pm-Bingo   | 18  | 10:15am-Sittercise<br>2:00pm-Spring Refreshments (MK) |
| 19   | 9:00am-Church Service<br>2:00pm-Nails   | 20  | 10:15am-Sittercise<br>10:30am-Memory Jogger<br><b>2:00pm-Movie Matinee Movie TBD (KC)</b>  | 21  | 9:30am-Men's Coffee<br>10:15am-Sittercise<br>2:00pm-Bingo                        | 22        | 10:15am-Sittercise<br>10:30am-Pet Therapy with Kris (MK)<br><b>2:00pm-Bible Study (KC)</b>                             | 23       | 10:15am-Sittercise<br>2:00pm-Bistro & Board Games (SW)   | 24     | 9:00am-Chats with Chaplain<br>10:15am-Sittercise<br>2:00pm-Bingo   | 25  | 10:15am-Sittercise<br>2:00pm-Popcorn Social           |
| 26   | 9:00am-Church Service<br>2:00pm-Nails   | 27  | 10:15am-Sittercise<br><b>12:00pm-Memorial Day BBQ Lunch (KC)</b><br>2:00pm-Memorial Day Parfaits (MK)<br><br><b>*****<br/>MEMORIAL DAY<br/>*****</b> | 28  | 9:30am-Men's Coffee<br>10:15am-Sittercise<br>2:00pm-Bingo                        | 29        | 10:15am-Sittercise<br>10:30am-Coffee Social (MK)<br><b>2:00pm-Bible Study (KC)</b>                                     | 30       | 10:15am-Sittercise<br>2:00pm-Bistro & Board Games (SW)   | 31     | 9:00am-Chats with Chaplain<br>10:15am-Sittercise<br>2:00pm-Bingo   |  |   |