



1155 E. Springfield Ave.
Reedley, CA 93654

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Sierra View Homes Retirement Community
1155 East Springfield Avenue, Reedley, CA 93654
1245 East Springfield Avenue (Apt 1-56)
1140 East Evening Glow Avenue (Apt 57-65)
1079 East Springfield Avenue (Apt 101-319)
Phone (559)638-9226; Fax (559)638-6857;
www.sierraview.org

Sierra View Homes Retirement Community

Where you're
IN THE COMPANY OF FRIENDS



March 2024 Newsletter

Executive Director's Note . . .

As I sit at my computer and write this note dark clouds dance around in the sky. I love the contrasting colors as the sky clears and then the clouds roll in. Once in a while rain drops fall promising beautiful gardens, fruitful trees and a mess of weeds. I am not fond of weeding but I love how things look when the weeding is done.

I appreciate the team of volunteers who come on Fridays to do weeding at Sierra View Homes. This group works awhile, enjoys a coffee break and then weeds some more. There is a lot of laughter as the volunteers work their way through the gardens.

I appreciate the Auxiliary who have helped Sierra View Homes Retirement Community purchase an indoor garden. We will have it in the Nursing Care Center and the residents will be planting and tending the garden. We are looking forward to watching the plants grow.

I think of Sierra View Homes Retirement Community as a garden full of beautiful people. The staff tend the garden providing assistance, encouragement and nourishment. It is truly a place where we all grow in love and understanding as we move through the day.

The Get Moving Program is also a garden of encouragement and self-confidence. This year we are adding some yoga classes and a cooking class to the program. We want people to bloom into being the best they can be regardless of age. Having postponed knee replacement surgery for too long, in the early days of March will be my turn to get this procedure done. Many of you have consoled me that I will pass the bitter painful weeds of surgery and treatment and arrive at the promise of a painless, better gait I have not had for a long time.

A song I love to sing is "In the Garden." The words are reassuring that God is close at hand and is tending us to enter His Kingdom. The song's chorus is especially meaningful "And He walks with me; And He talks with me; And He tells me I am His own; And the joy we share as we tarry there; None other has ever known."

I hope and pray the month of March will be filled with joy and very few weeds.

Happy Easter! *Ro Linscheid*

Auxiliary Meeting

On February 15, 2024 Freda Friesen opened the Annual Sierra View Homes Auxiliary Meeting. Chaplain Caley Ortman gave an opening prayer. During the meeting the Auxiliary Board shared the many activities and items they funded through 2023. Fund raising efforts were explained and the announcement of a Fundraising Dinner was presented. The date is September 28 with the Gilly Girls as the entertainment.

The new slate of officers for the Auxiliary Board were announced: Annie Compton-Schmidt, Chair, Freda Friesen, Vice Chair, Denny Mason, Secretary and Stella Bohn as treasurer.

If you are interested in the Sierra View Auxiliary there are many ways to volunteer your time or assist with the board work. Contact Sierra View Homes 638-9226 to get more information.

Annual Corporation Meeting

The 64th Sierra View Homes Corporation meeting was opened by Lance Zimmerman, Board Chair. Chaplain Caley Ortman gave an opening prayer. This is the meeting where we elect new board members to replace the members who have reached the end of their term. Steve Penner and Edward Boldt are leaving the board. New members Marianne Unruh and Gordon Smith were elected to the board. We also discussed the "State of Sierra View Homes" and how Medicare and Med-iCal and insurance reimbursement is not keeping up with inflated costs. Lance Zimmerman, chair, Edward Boldt, Financial Officer and Ro Linscheid, Executive Director all gave speeches regarding the health, census and the future of our non-profit Retirement Community. Annual reports were handed out. If you are interested in one come by the office at Sierra View Homes to pick one up or you may request to have the report sent to you digitally. Email rlinscheid@sierraview.org to request a copy.

Thank you to all of the donors to the Legacy Fund in 2023. We raised around \$60,000. There are residents on campus very thankful for the extra help in this time of high inflation.



Kiwanis®

Join us for a Beef Kabob Dinner Fundraiser.

All Proceeds to Benefit our Local School Projects and Community Activities

Saturday, April 6 at 5:30 p.m. to 7:00 p.m.

Sierra View Homes, 1155 E Springfield Ave., Reedley, CA 92654

\$220 for a table of six *\$40 a person

Take-out available. Call to buy tickets: Angel Rodriguez 559-393-3997

Sierra View Homes 559-638-9226 or any Reedley Sunrise Kiwanian

St. Joseph's Day

Sierra View Homes will celebrate St. Joseph's Day with a lunch on March 19, 2024 at 11:30 a.m.

This celebration is in honor of St. Joseph, the husband of Mary and stepfather of Jesus. This holiday is celebrated all over the world but it has special meaning in Italy, particularly in Sicily. St. Joseph's intercession with God is credited to having saved Sicily's citizens during one of their devastating droughts. Tradition has it when the rains came there needed to be a celebration. Tables were spread with a wide variety of food and everyone was invited to eat. On March 19, Sierra View will open its doors to anyone who would like to come and eat an Italian meal. The meal is hosted and free, so donations given at this meal will go to Mennonite Central Committee (MCC) to continue the work of feeding the hungry. Please sign up in the office so we know how much food to prepare.

Sierra Kings Community Health Award: Sierra View Homes, "Get Moving" program

Retirement community Sierra View Homes was recognized with the Sierra Kings Community Health Award for its "Get Moving" program. The "Get Moving" program originated by and at Sierra View Homes and from grant seed money from the Sierra Kings Health Care Foundation is now offered both at Sierra View Homes for its residents and at the Reedley Community Center for the general public. The Greater Reedley Chamber of Commerce recognized Sierra View Homes Retirement Community and its Get Moving Program at the 2024 Reedley Chamber Awards Gala on February 24, 2024.



Dignity Through Being

How do you measure your worth?

Though many of us have been taught from early on that we are first and foremost beloved by God, our search for self-worth begins early and is never fully realized. We seek it in the affirmation of our friends, families and peers, hoping that their opinions of us might act as a reflection of ourselves that we can deem worthwhile.

The second indicator of worth we frequently measure ourselves against is how much we can "do." How useful are we? We measure that in dollars earned, in hours worked, in steps walked. There's nothing wrong with being productive, until we start to assign a lesser social value to those whose "doing" does not rise to the cultural standard of enough.

This metric of worth becomes a heavy weight for those who have reached an age when they cannot physically or mentally do what they used to be able to do. Does this mean their worth is also less?

We need to reevaluate how we measure and reward worth in our world. Author Cole Arthur Riley writes:

Our dignity may involve our doing, but it is foremost in our very being--our tears and emotions, our bodies lying in the grass, our scabs healing. I try to remember that Eve and Adam bore the image of God before they did anything at all. This is mysterious to me, and it must be protected.

There is a time for doing and there is a time for simply being. Both are important, both are worthwhile and both should be celebrated. Take some time to simply be this week, and celebrate it as worthwhile and good.

Caley Ortman



ACTIVITY CALENDAR

March 2024

(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Founder's Room (SW)= Sequoia Welcoming Room

Daily activities are posted on the white boards in the Residential Care Facility

TURN YOUR TELEVISION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00am- Chats with Chaplain 10:15am- Sittercise (MK) 2:00pm- Bingo
3 9:00am- Church Service 2:00pm-Nails	4 10:15am- Sittercise(MK) 2:00pm- Armchair Travel (MK)	5 9:30am- Men's Coffee 10:15am- Sittercise (MK) 2:00pm-Bingo	6 10:15am- Sittercise (MK) 10:30am- Resident Council (MK) 2:00pm- Bible Study (KC)	7 10:15am-Sittercise (MK) 2:00pm- Bistro & Board Games (SW)	8 9:00am- Chats with Chaplain 10:15am- Sittercise (MK) 2:00pm- Bingo	9 10:15am- Sittercise (MK) 2:00pm-Nails
10 9:00am- Church Service 2:00pm-Nails Daylight Savings Time Begins	11 10:15am- Sittercise(MK) 2:00pm- Residential Care Birthday Celebration (MK)	12 9:30am- Men's Coffee 10:15am- Sittercise (MK) 2:00pm-Bingo	13 10:15am- Sittercise (MK) 10:30am- Current Events Coffee Social (MK) 2:00pm- Bible Study (KC)	14 10:00am- Food Committee Meeting (KC) 10:15am- Sittercise (MK) 2:00pm- Bistro & Board Games (SW)	15 9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm- Bingo	16 10:15am- Sittercise (MK) 1:30pm- Movie & Popcorn (MK)
17 9:00am- Church Service 2:00pm-Nails 	18 10:15am- Sittercise(MK) 10:30am- Memory Jogger 2:00pm-Movie Matinee: "Darby O'Gill & The Little People" with Mint Shakes (KC)	19 9:30am- Men's Coffee 10:15am- Sittercise (MK) 10:30am-Men's Nails 12:00pm St Joseph's Day Lunch (KC) 2:00pm-Bingo	20 10:15am- Sittercise (MK) 10:30am- Current Events 11:45am-Ron Surabian (KC) 2:00pm- Bible Study (KC) 5:30pm-Japan: Photos & Cultural Discussion with Vito Genna (KC)	21 10:15am- Sittercise (MK) 2:00pm- Bistro & Board Games (SW)	22 9:00am- Chats with Chaplain 10:15am- Sittercise (MK) 2:00pm- Bingo	23 10:15am- Sittercise (MK) 2:00pm- Nails
24 9:00am- Church Service 2:00pm-Nails 31 9:00am- Church Service 2:00pm-Nails Easter Sunday	25 10:15am- Sittercise(MK) 2:00pm- Easter Egg Hunt! (Patio)	26 10:15am- Sittercise (MK) 10:30am- Name That Tune (MK) 2:00pm-Bingo	27 10:15am- Sittercise (MK) 10:30am- Coffee Time (MK) 2:00pm- Bible Study (KC)	28 10:15am- Sittercise (MK) 2:00pm- Bistro & Board Games (SW)	29 9:00am- Good Friday Service (KC) 2:00pm- Bingo	30 10:15am- Sittercise (MK) 1:30pm- Movie & Popcorn (MK)