



1155 E. Springfield Ave.  
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*Happy  
New Year*

Sierra View Homes Retirement Community  
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# Sierra View Homes Retirement Community

Where you're

## IN THE COMPANY OF FRIENDS



# JANUARY 2024 NEWSLETTER

## Executive Director's Note . . .

The New Year is upon us! 2024 is going to be a year of wonder. We will continue to search for ways to make living better here on the Sierra View Homes Retirement Campus. We are looking forward to more adventures off campus, gardening, and opportunities to learn from each other and to create and maintain friendships.

Our project to modernize the bathrooms in Assisted Living went well. New floors, vanities upgraded, and showers polished have created a more user friendly bathroom.

We have almost finished the re-roofing of the Garden Apartments. There is one building to go. This one will have a new roof and solar panels repositioned. The grounds look much better with trees thinned and a few trees removed. Our solar panels will work much better out of the shade.

January is also the month when the rent rate changes happen. We are doing our best to make living here affordable. We have an endowment fund to help folks struggling with paying rent. We welcome donations for this.

This year we look forward to partnering with Reedley College. Reedley College will be holding a painting class on our campus. I am hoping this is a start of a great partnership.

January is a time to see if you can stick with your New Year's resolution; a time to start enjoying more daylight as the days grow longer; a time to plan a garden and a time to hope and pray for a bright future.

At Christmas time we celebrate the birth of our Lord Jesus Christ and reflect on the hope he brought to the world. That hope continues today as we look forward to 2024.

My prayer for you is for 2024 to be filled with health, happiness and good friends.  
Happy New Year!

*Ro Linscheid*

## MOVIE NIGHT

"Beyond Tomorrow" will be the featured classic movie on Tuesday, January 9, 2024 at 5:45 pm in the Kings Canyon Room. This film was produced in 1940 by Lee Garmes and directed by A. Edward Sutherland. A flavorful cup of soft serve ice cream will be served during the film. A conversation will follow the film highlighting its brilliant directory, comedy, and serious life situations.



### HERE THEY COME AGAIN



January 1, 2024, is no exception when it comes to California and new laws to start the new year. As usual, some of the new rules will cause more concern for doing business in California. This year perhaps even more significant increases in costs for the state at a time when we know California is falling behind financially in their budget.

Three new laws specifically effect health care. The first one is a new minimum wage of \$16 per hour, an increase of \$1 from last January. In addition, as of June 1, a new law mandates a significant increase for all skilled nursing home personnel to at least \$21 per hour. Unfortunately, the unintended consequence of this new law dismisses any relevant benefits that an employee gets, it wipes away any seniority that an employee has and most importantly, it totally ignores any training, education, or skill level from one job category to another.

The other new law has more a stringent requirements for senior living facilities. We must have an alternative resource for electricity that can provide backup power for at least 96 hours.

## Empowering Your Golden Years

Learn how to navigate options and services for a fulfilling senior life.

Join us and embrace your Senior Journey

- Tuesday, January 9, 2024 at 11:30 a.m.
- at Sierra View Homes, 1155 E. Springfield Ave, Reedley, CA 93654
- A panel discussion on community services, in home care, and housing options. Enhanced by personal empowerment stories from Betty Ann Moore and Terry Sayre.
- Please RSVP to [molly@legacyconciergeservices.com](mailto:molly@legacyconciergeservices.com) or text 707-732-4527

## Sierra View Homes Corporation Meeting ...

Sierra View Homes Corporation meeting will take place February 15, 2024, in the Terraces Lobby. The evening will start with an Auxiliary Meeting at 5:00 p.m. followed by a time of fellowship at 5:30 p.m. The Annual Corporation meeting will commence at 6:00 p.m. All who are interested are invited to attend.

Sierra View Homes is a Non-Profit Corporation with members who vote for the Sierra View Homes Board of Directors. The Executive Director and the chairman of the board each give a report of the State of Sierra View Homes. There will also be a financial report at this meeting. Information will be out soon regarding the potential new board members and other topics that will be discussed. Board members ending their terms are Ed Boldt and Stephen Penner. We wish to thank them for their service. Nominations for new board members are Marianne Unruh and the second nominee is still to be determined.

Anyone can be a corporation member by donating a minimum of \$100 to Sierra View Homes. Each \$100 donation entitles you to one vote. You can be an Auxiliary member by paying \$10 dues. Questions may be addressed in the Administration Office of Sierra View Homes.

## WE MUST BE SPECIAL!

Two Mondays before Christmas at 8:00 am, five state licensing inspectors came to our front door to begin our Nursing Home Annual Certification Survey. For the next five days these surveyors poured through our residents records, both present and past; interviewed and questioned residents, family members, and staff; observed our procedures and care both individually and collectively; verified our maintenance and prevention to the detail. They checked our procedures against the volumes of Medicare and Medicaid rules and regulations.

Obviously the inspectors are there to look for deficiencies. The minor items found were not life threatening or serious, it was mostly documentation. Thank you to all the staff that show the care, the training, and concern for each of our residents each day.

Since the end of 2019, Sierra View Nursing Facility has experienced five state certification surveys. There are a number of nursing homes that have had far less, perhaps one or two. So given with this kind of oversight, we must be special.

## Rediscovering Epiphany



With all of the anticipation and celebration of the Christmas season, followed very quickly by New Years, it is very easy for us to stumble into the new year in a bit of a daze. It is well and good to slow down, take some time for ourselves, and commit to less sugar in our diets, but there is still one special day on the Christian calendar we often skip or overlook: Epiphany.

Epiphany, celebrated on January 6, commemorates the arrival of the wise men to see the Christ child (a little late, but to be fair, they had a lot farther to travel!). The word epiphany means “a manifestation of a divine or supernatural being” and serves as a reminder that the good news of the Gospel is for everyone, even foreigners from distant lands.

The image of three well-dressed elites offering their gifts “spices” up our nativity sets, but it is good to also ask where we see ourselves in Epiphany. Christmas comes every year, and the traditions, the songs and the scripture texts are the same. Do we become complacent, going through the motions, putting the season on autopilot? Where are our epiphanies? How might the divine surprise, delight or even unsettle us into new revelations as it certainly must have with the wise men, who returned home changed people.

I hope that January is a time of rest and recuperation. But consider taking some time on Epiphany to reflect on the ways the Christmas story captivated you this year in a new way. The Bible is a living word and our God is always doing a new thing. Allow your epiphany to guide you into the new year.

*Caley Ortman*



# ACTIVITY CALENDAR

## January 2024

(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Founder's Room (SW)=Sequoia Welcoming Room  
 .....  
 Daily activities are posted on the white boards in the Residential Care Facility  
 .....  
 TURN YOUR TELEVISION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>1</b>            8:00am- Rose Bowl Parade            10:15am- Sittercise(MK)  <b>12:00pm-New Year's Day Lunch (KC)</b>            2:00pm- Arm Chair Travel &amp; New Year's Treats         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>2</b>            9:30am- Men's Coffee            10:15am- Sittercise(MK)            2:00pm- Bingo         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>3</b>            10:15am- Sittercise(MK)            10:30am- Resident Council (MK)  <b>2:00pm- Movie: "A New Year's Resolution" Hallmark (KC)</b> </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>4</b>            10:15am- Sittercise(MK)            2:00pm- Bingo (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>5</b>            10:15am- Sittercise (MK)            2:00pm- Nails (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>6</b>            10:15am- Sittercise(MK)            2:00pm- Winter Refreshments (MK)         </div>	
<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>7</b>  <b>9:00am-Church Service</b>            10:15am- Sunday Surprise (MK)            2:00pm- Nails (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>8</b>            10:15am- Sittercise (MK)            10:30am- Trivia            2:00pm- Residential Care Birthday Celebration (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>9</b>            9:30am- Men's Coffee            10:15am- Sittercise(MK)            2:00pm- Bingo  <b>5:45pm- Classic Movie Night Featuring: "Beyond Tomorrow" (1940) (KC)</b> </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>10</b>            10:15am- Sittercise(MK)            10:30am- Current Events Coffee Social  <b>2:00pm- Bible Study(KC)</b> </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>11</b>            10:15am- Sittercise(MK)  <b>10:30am- Food Committee Meeting (KC)</b>            2:00pm- Bingo (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>12</b>            9:00am- Chats with Chaplain            1:30pm- Movie &amp; Refreshments (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>13</b>            10:15am- Sittercise(MK)            2:00pm- Nails (MK)         </div>	
<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>14</b>  <b>9:00am- Church Service</b>            10:15am- Sunday Surprise (MK)            2:00pm- Nails (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>15</b>            10:15am- Sittercise(MK)            10:30am- Memory Jogger            2:00pm- Arm Chair Travel         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>16</b>            9:30am- Men's Coffee            10:15am- Sittercise(MK)            10:30- Men's Nails            2:00pm- Bingo (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>17</b>            10:15am- Sittercise(MK)            10:30am- Current Events Coffee Social (MK)  <b>11:45am- Ron Surabian (KC)</b>  <b>2:00pm- Bible Study(KC)</b> </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>18</b>            10:15am- Sittercise(MK)            2:00pm- Bingo (MK)  </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>19</b>            9:00am- Chats with Chaplain            10:15am- Sittercise (MK)  <b>12:00pm- Soup Lunch (KC)</b>            2:00pm- Nails (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>20</b>            10:15am- Sittercise(MK)            1:30pm- Movie &amp; Refreshments (MK)         </div>	
<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>21</b>  <b>9:00am-Church Service</b>            10:15am- Sunday Surprise (MK)            2:00pm- Nails (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>22</b>            10:15am- Sittercise(MK)            10:30am- Memory Jogger            2:00pm- Arts &amp; Crafts (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>23</b>            9:30am- Men's Coffee            10:15am- Sittercise(MK)            2:00pm- Bingo (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>24</b>            10:15am- Sittercise(MK)            10:30am- Current Events Coffee Social  <b>2:00pm- Bible Study(KC)</b> </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>25</b>            10:15am- Sittercise(MK)  <b>2:00pm- New Year's Cookies (SW)</b> </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>26</b>              9:00am- Chats with Chaplain            10:15am- Sittercise (MK)  <b>2:00pm- Service of Remembrance (KC)</b> </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>27</b>            10:15am- Sittercise(MK)            2:00pm- Nails (MK)         </div>	
<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>28</b>  <b>9:00am-Church Service</b>            10:15am- Sunday Surprise (MK)            2:00pm- Nails (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>29</b>            10:15am- Sittercise(MK)            10:30am- Trivia            2:00pm- Winter Refreshments (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>30</b>            9:30am- Men's Coffee            10:15am- Sittercise(MK)            2:00pm- Bingo (MK)         </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>31</b>            10:15am- Sittercise(MK)            10:30am- Current Events Coffee Social  <b>2:00pm- Bible Study(KC)</b> </div>	<div style="font-size: 4em; font-weight: bold; letter-spacing: 0.5em;">2024</div> <div style="font-size: 2em; font-weight: bold; letter-spacing: 0.5em;">HAPPY NEW YEAR</div>			