



1155 E. Springfield Ave.  
Reedley, CA 93654

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# Sierra View Homes Retirement Community

Where you're

## IN THE COMPANY OF FRIENDS

HAPPY  
*Valentines*  
DAY



# February 2024 Newsletter

Sierra View Homes Retirement Community  
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## Executive Director's Note . . .

February reminds us of Valentines and love. In the Bible, 1 Corinthians 13:4 states "Love is patient, love is kind. It does not envy. It does not boast, it is not proud." 1 Corinthians 13:13 finishes the chapter with "And these three remain faith hope and love. But the greatest of these is love." This is the time of year when we are reminded of expressions of our love in various ways. So, let me name a few ways love is expressed for our residents.

I want to thank all the people who donated and continue to donate to our Legacy Fund. You express your love for Sierra View Homes and the folks who live here by your donations.

Love is expressed by giving of time. Thank you to the folks who turn out on Fridays to garden, tending to the plants and garden beds. You bless the people who live and work here with beauty. Thank you to the folks who participate in our Sierra View Auxiliary. Your efforts put a special touch to make our residents lives brighter.

Love is expressed by caring for our residents. Thank you to the staff who provide the care that our Skilled Nursing and Assisted Living Residents need. Certified Nursing Assistants and nurses are giving a personal touch to Skilled Nursing Residents. Personal care givers and nursing staff are giving peace of mind to the Assisted Living residents who need a little extra help.

Love is expressed with activities providing things to do so the time does not seem to creep slowly by. Providing opportunities to laugh and participate gives a warm fuzzy feeling of contentment.

Love is expressed by making sure everything runs smoothly for the people who live here. From fixing and mending things, to making delicious food, to office work, to the governing board.

On Valentine's Day Sierra View Homes will express love with a waffle breakfast. Waffles made fresh in front of the residents with toppings to make each waffle a special treat.

1 Corinthians 13 tells us to love. May the month of February be a time of warmth and joy as we love and care for each other.

*Ra Linscheid*

Dear Sierra View Homes,

Our family would like to express our heartfelt appreciation for all you did in helping our aunt, Akiko Yorizane, with her stay with you. Although it was short lived, we are glad you were able to take care of her.

Also thank you for the beautiful peace lily in her memory. Your thoughtfulness is so appreciated.



Sincerely,  
The Family of Akiko Yorizane

The care my mother is receiving at the Sierra View Skilled Nursing Facility is so good it brings tears to my eyes. The entire staff - medical, social work, administrative, support, dining, dietary - everyone! - has been warm, kind, competent, responsive, proactive, and just plain helpful. Even when things have slipped through the cracks, as will inevitably happen when caring for a group of people with complex medical needs, they have been gracious, quick to respond and acknowledge, and take action.

The dining room, aka Founders Room, is a hub of activity during the day, full of windows and light, often music, sometimes with Pianist Rudy playing for the residents as they dine. A variety of scheduled activities occur daily, both in the Founders Room and elsewhere in the facility, including The Bistro, a large, high-ceiling, many-windowed room where coffee and cookies and soft-serve ice cream is served. Creative coloring, music and movies, "hand spa" aka full-on manicures, and gingerbread house making are just some of the opportunities for socializing, self-care, and creative engagement I've seen offered.

But really, beyond responsive, competent care and social connection, the most pervasive and important element we are experiencing here is \*kindness.\* Real, present, grounded kindness, unforced and unhurried. I am so grateful that my mother has the opportunity to be cared for here.



- Melanie Davis

Sierra View Homes,

Thank you all for your loving care of George the past 11 months. It has been hard to lose him but we are praising God that he is healed in heaven. We are so blessed to have Sierra View Homes.



Sincerely,  
The Family of George Isaak



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### Annual Auxiliary and Corporation Meetings

Thursday, February 15, 2024

Sierra View Homes Auxiliary Meeting  
at 5:00 p.m.

Sierra View Homes Corporation Meeting  
at 6:00 p.m.  
Terraces Lobby



During a time like this we learn how much our family and friends really mean to us.

Your expression of sympathy will always be remembered.

The Draper Family



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## MOVIE MATINEE



JOIN US ON  
FEBRUARY 26, 2024  
AT 2:00 P.M.  
IN THE  
KINGS CANYON ROOM

# The Power of Lament

Our weekly Bible Study at Sierra View has recently begun a study of the book of Lamentations. It is a short book of five poems, expressing shock, grief and lament over the destruction of Jerusalem by the Babylonians. There is a rawness to the grief expressed that is unsettling, almost scandalous. Is there a place for such outbursts in our spiritual lives?

Biblical scholar Kathleen O'Connor writes:

*Laments are prayers that erupt from wounds, burst out of unbearable pain, and bring it to language. Laments complain, shout, and protest. They take anger and despair before God and the community. They grieve. They argue. They find fault. Without complaint there is no lament form. Although laments appear disruptive of God's world, they are acts of fidelity. In vulnerability and honesty, they cling obstinately to God and demand for God to see, hear and act.*

Part of living in a fallen world is learning how to navigate our trauma and loss and the hopelessness that comes with it. With time, we learn how to fit these times into the narratives of our lives, but in the moment, when our lives are upside-down, it is good to have a book like Lamentations that can model lament, reminding us that we can cry out to God from the truest parts of our souls, even before the healing process begins.

*Caley Ortman*



# ACTIVITY CALENDAR February 2024

(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Founder's Room (SW)=Sequoia Welcoming Room  
 .....  
 Daily activities are posted on the white boards in the Residential Care Facility  
 .....  
 TURN YOUR TELEVISION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:15am-Sittercise 2:00pm-Bingo	2 9:00am- Chats with Chaplain 10:15am-Sittercise 2:00pm-Nails 	3 10:15am-Sittercise 2:00pm-National Carrot Cake Day (MK) 
4 <b>9:00am- Church Service</b> 10:15am- Sunday Surprise (MK) 2:00pm-Nails	5 10:15am-Sittercise 10:30am- Memory Jogger 2:00pm-Arts & Crafts	6 9:30am-Men's Coffee 10:15am-Sittercise 2:00pm-Bingo	7 10:15am- Sittercise 10:30am- Coffee Social (MK) <b>2:00pm- Bible Study (KC)</b>	8 <b>Dr Mc Lean Podiatrist (MK)</b>  <b>10:00am-Food Committee Meeting (KC)</b>	9 9:00am- Chats with Chaplain 10:15am-Sittercise 1:30pm- Movie & Popcorn (MK)	10 10:15am- Sittercise 2:00pm- Chinese New Year Party (MK) 
11 <b>9:00am- Church Service</b> 10:15am- Sunday Surprise (MK) 2:00pm- Super Bowl Pre-Game Snacks (MK)	12 10:15am- Sittercise 10:30am-Trivia 2:00pm- Residential Care Facility Birthday Celebration	13 9:30am-Men's Coffee 10:15am-Sittercise 10:30am-Men's Nails 2:00pm-Bingo	14 <b>7:00am- Sweetheart Waffle Breakfast (KC)</b> 10:15am-Sittercise 10:30am- Coffee Social (MK) <b>2:00pm- Bible Study (KC)</b> 	15 10:15am- Sittercise 2:00pm-Bingo <b>5:00pm-Auxiliary Meeting (Terraces)</b> <b>6:00pm-Corporation Meeting(Terraces)</b>	16 9:00am -Chats with Chaplain 10:15am-Sittercise 2:00pm- Nails	17 10:15am-Sittercise 2:00pm-Winter Refreshments (MK)
18 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	19 10:15am- Sittercise 10:30am-Memory Jogger 2:00pm-Arm Chair Travel 	20 9:30am- Men's Coffee 10:15am-Sittercise 2:00pm-Bingo	21 10:15am- Sittercise 10:30am- Coffee Social (MK) <b>11:45am- Ron Surabian (KC)</b> <b>2:00pm- Bible Study (KC)</b>	22 10:15am-Sittercise 2:00pm-Bingo	23 9:00am-Chats with Chaplain 10:15am-Sittercise 2:00pm-Popcorn Social	24 10:15am-Sittercise 2:00pm-Nails
25 <b>9:00am- Church Service</b> 10:15am-Sunday Surprise (MK) 2:00pm-Nails	26 10:15am- Sittercise 10:30am-Trivia <b>2:00pm- Movie Matinee: "Welcome to Valentine" (KC)</b>	27 9:30am-Men's Coffee 10:15am-Sittercise 2:00pm-Bingo	28 10:15am- Sittercise 10:30am- Coffee Social (MK) <b>2:00pm- Bible Study (KC)</b>	29 10:15am-Sittercise 2:00pm-Bingo		