

YOU ARE AS YOUNG AS YOUR FAITH.

AS OLD AS YOUR DOUBT.

AS YOUNG AS YOU SELF-CONFIDENCE,

AS OLD AS YOUR FEAR.

AS YOUNG AS YOUR HOPE.

AS OLD AS YOUR DESPAIR.

-GENERAL DOUGLAS MACARTHUR

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Sierra View Homes Retirement Community
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In the Company of Friends November 2023



Executive Director's Note...

Cooler weather, shorter days; there is the hint of winter to come. The chill in the air allows us to put warmer clothes on. We start to anticipate Thanksgiving, making plans to invite family and friends over or maybe travel to be with family and friends. It is a time where we look at why we are grateful.

I am grateful for the cooler days. Summer seemed to linger on as October temperatures have been warm. I am thankful that the residents of Sierra View Homes are not fighting COVID or any other contagious disease.

This year Sierra View Retirement Community had the privilege to host the Senior Prom with the music of Frank Sinatra. The attendees did not want the evening to end. In addition, I am happy we could host the Reedley Fiesta Diaper Derby. It is fun to watch babies crawling their way across the carpet towards the finish line. It is quite funny too, to watch the parents trying to get the baby to crawl towards them. It is very interesting to see the items family members bring to entice their little one to win the race. There was lots of laughter, many smiles, and lots of joy in seeing the babies for our resident observers.

I am grateful for the staff and volunteers here at Sierra View Homes. Many people work hard to make Sierra View Homes a great place to live. I am most grateful to the residents who have chosen Sierra View Homes as their home. We are blessed with so many people who have developed friendships and encourage each other.

As we enjoy the cooler weather and anticipate celebrating Thanksgiving, we give thanks to God for the blessings that have come our way. November is a month full of gratitude for the people in our lives.

Happy November and I pray you have a blessed Thanksgiving.

Ro Linscheid

Spaghetti Dinner ...
Thank You Sierra View Homes for hosting the Sunrise Kiwanis Club of Reedley Spaghetti Dinner.
As always, the Kitchen out did themselves with a wonderful meal. Kiwanis was able to raise money to benefit different charities that we support throughout the Reedley Community.

Angel Rodriguez
President Sunrise Kiwanis Club of Reedley

Inflation and Government mandates have consequences

The 2024 budgeting process came to a conclusion at the Sierra View Home Board meeting. After several months of studying the inflationary trend of labor and materials, a stringent budget was presented and affirmed by the Board.

The results of the budget proposal is that our resident rates will be increased on January 1, 2024 from the January 1, 2023, posted rates. The care center or Skilled Nursing will increase as mandated by State and Federal requests; the Residential Care Center will increase by 3.5 percent and Independent Living will increase by 3.5 percent.

As discussed, this is being done through a stringent budget that values efficiency, conservation and tough management choices. The budget is our projected financial plan for the future year. We are committed to holding the line against inflation, yet providing the outstanding service we are known for.

Please note there were additional California state legislation recently signed by the Governor that further compounds the inflationary pressures on our expense. We may have to take another look at our skilled rates mid year.



12:00 p.m.
Kings Canyon Room
Cost \$12.00- Sign up in the
Administration Office



The Ingredients

• 2-1/2 pounds sweet potatoes cooked, peeled and mashed

Sweet Potato

- 1/4 cup butter melted
- 1/4 cup white sugar
- 1/4 cup brown sugar
- 2 eggs beaten
- 1/2 cup milk
- 1/2 teaspoon cinnamon Casserole
- 2 cups mini marshmallows

The Directions

- 1. Preheat oven to 350 degrees F. Spray a 9×13 baking dish with cooking spray.
- 2. In a large bowl mix together the sweet potatoes, butter, white and brown sugars, eggs, milk, and cinnamon.
- 3. Spread the sweet potato mixture evenly into a prepared 9 x 13 baking dish.
- 4. Sprinkle the mini marshmallows evenly over the top in a single layer. (Don't overload the marshmallows.)
- 5. Bake at 350 degrees F for about 30 minutes or just until the marshmallows are golden brown.

The Sorrow of God

It is said of God that no one can behold his face and live. I always thought this meant that no one could see his splendor and live. A friend said perhaps it means that no one could see his sorrow and live. Or perhaps his sorrow is his splendor.

This quote by Nicholas Wolterstorff has come back to me as news reports have come out of Israel, each overwhelming and unimaginable in their horror. Images of mourning parents and dust-covered crying children. A fragile peace decimated in a matter of days in one of the most significant holy places on earth. So many innocent lives changed forever on account of the violent actions of a few. How can this happen? Where is God in this?

"How long O Lord?" This is not a new question. It appears often in scripture, most often on the lips of the psalmists and prophets. It is a question born out of an expectation that the Creator of all things is both compassionate and powerful to act in response.

A fully satisfying answer to this question may need to wait until we meet our Creator face to face. Yet we cling to the conviction that God does indeed care, and that God grieves and that God acts.

We come to understand the compassion, love and yes, sorrow of God, through the life, crucifixion and resurrection of Jesus, who wept at the death of his friend Lazarus and again over the city of Jerusalem and the destruction it would soon face. God, through Jesus, entered our suffering, and stands with us in solidarity with our grief.

Yet, to stop there, is to fall short of the calling Jesus set forth for us: to bring about a foretaste of the Kingdom of God, on earth as it is in heaven. This Jesus, who followed love all the way to a cross, forbidding Peter to take up a sword in his defense, is the Jesus we follow today. Let us cry out for peace, with our words as well as our actions, trusting that the God who mourns with us and over us, also works through us to bring peace and wholeness to all corners of the earth.

November 2023

SUN	MON	TUE	WED	THU	FRI	SAT
(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Founder's Room (SW)= Sequioa Welcoming Room	Daily activities are posted on the white boards in the Residential Care Facility	TURN YOUR TELEVISION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES.				
0:00em	XXX		10:15am-Sittercise 1 10:30am- Resident Council (MK) 2:00pm-Bible Study (KC)		9:00am- Chats with Chaplain 10:15am-Sittercise 2:00pm-Nails	10:15am- Sittercise(MK) 1:30pm-Movie & Popcorn (MK)
10:15am-Sunday Surprise (MK)	10:15am-Sittercise6 10:30am-Memory Jogger 2:00pm- Rogers & Hammerstiein's Cindrella Movie (KC)	9:30am-Men's Coffee 10:15am- Sittercise(MK) 2:00pm-Bingo	10:15am- Sittercise(MK) 10:30am- Coffee Social 2:00pm- Bible Study(KC)	10:00am- Food Committee Meeting (KC) 10:15am-Sittercise 2:00pm-Bingo	10:15am-Sittercise	11 10:15am- Sittercise(MK) 2:00pm-Nails (MK) Veterans Day
9:00am- Church Service 10:15am- Sunday Surprise (MK) 2:00pm- Nails		9:30am- Men's Coffee 10:15am-Sittercise 10:30am-Men's Nails 2:00pm-Bingo	Coffee Social (MK) 11:45am- Ron Surabian (KC) 2:00pm-Bible Study (KC)		Chapiain	18 10:15am-Sittercise 2:00pm-Fall Refreshments (MK)
9:00am- Church Service 10:15am- Sunday Surprise (MK) 2:00pm- Nails	20 10:15am-Sittercise 10:30am-Trivia 2:00pm-Fall Refreshments(MK)	9:30am- Men's Coffee 10:15am- Sittercise(MK) 2:00pm-Bingo (MK)	10:15am- Sittercise(MK) 10:30am- Coffee Social 2:00pm-Bible Study(KC)	9:00am-Macy's23 Thanksgiving Day Parade (MK) 12:00pm- Thanksgiving Day Lunch (KC)	10:15am-Sittercise	25 10:15am- Sittercise(MK) 2:00pm-Nails (MK)
9:00am-Church Service 10:15am-Sunday Surprise MK) 2:00pm-Nails (MK)	10:00am- Reindeer Games (KC) 2:00pm- Christmas Tree Decorating (MK)	9:30am- Men's Coffee 10:15am- Sittercise(MK) 2:00pm-Bingo (MK)	29 10:15am-Sittercise 10:30am-Coffee Social (MK) 2:00pm- Bible Study (KC)	30 *Dr McLean* Podiatrist (MK)		