

1155 E. Springfield Ave. Reedley, CA 93654

Mother's Day

Sierra View Homes Retirement Community 1155 East Springfield Avenue, Reedley, CA 93654 1245 East Springfield Avenue (Apt 1-56) 1140 East Evening Glow Avenue (Apt 57-65) 1079 East Springfield Avenue (Apt 101-319) Phone (559)638-9226; Fax (559)638-6857; www.sierraview.org

In the Company of Friends

May 2023





Executive Director's Note..

May is the time of year when the days are pleasant, spring flowers are blooming and the mountains look amazing. I love to see the flowers and trees grow, stretch out and present their splendor. This year is amazing as the foothills are carpeted with color.

The anticipation of summer is in the air as the days get warmer, the early fruit is harvested and children and teachers are getting antsy for summer break. May is time for warm weather clothes, outdoor activities and time to work in and enjoy the gardens.

May is the month we celebrate Mother's Day. It is a time when we appreciate what our mothers did for us. This year I will be blessed with a visit from my oldest son and his oldest daughter. They live in Kansas so this visit is a long awaited treat. My husband and I are busy planning various activities to enhance the visit. We are happy to have family be part of our May celebrations.

May is the month we celebrate Senior Living. This month we plan to show our staff appreciation with a picnic. Many of the staff here at Sierra View Homes put in many hours to care for our residents. There are staff who clean, cook and prepare meals, staff who fix things and staff who lead. It takes many people to keep everything going. We have 144 amazing staff members who help make Sierra View Homes a great place to live.

It is hard to believe it is May already. The year seems to be flying. We are becoming freer of COVID-19's grip. While I believe the virus will continue to be around, the CDC has declared it to be much less of a threat to your life. We will still maintain many of our policies on protecting folks from viruses, but we can relax a little, show our faces more and once again enjoy each other's smiles.

I hope and pray your May is filled with beauty and awe. Happy Mother's Day

Ro Linscheid

Dear Sierra View Staff,

We want to thank you so much for the beautiful flowers sent on behalf of our dad, Don Schwandt. We also thank you for the wonderful care he received as he ended his life here on this earth. Our family is so appreciative.

> Sincerely, The Schwandts, The Wiebes and The Hajiks



A poem to honor our nurses by Nichole McIntosh

 ${\mathcal N}$ is for the nurturing and healing power that nurses effortlessly display.

- \mathcal{U} is for the unrivalled compassion that every nurse shows that brings peace to patients night and day.
- ${\cal R}\,$ is for the resilience that no other professional can match.
- S is for the servitude that nurses freely provide.
- E is for the empathy for our patients, their families, our colleagues, all with a smile.



We are Celebrating Senior Living in May, 2023

So many people have given of their time and talent to make Sierra View Homes Retirement Community a great place. Sierra View will have a picnic for the staff to thank them for their efforts. We expect to find other fun ways to celebrate the staff during the month. It takes quite a few people to keep everything going. Thank you to all the staff who make Sierra View Home a great place to live and work.





Amen, It is Good to be Here

"Why do you stand here looking into the sky?"

That is the question posed to the dumbfounded disciples by the heavenly beings, immediately following Jesus' ascension into heaven in Acts 1. In many ways, this seems like a dumb question with an obvious answer: The resurrected Jesus was just taken up into the clouds right before their very eyes. However, the question serves a deeper purpose, essentially saying: "If you keep looking up there, you are going to miss what's down here." Jesus had equipped the disciples and given them work to do, and it wasn't going to get done with everyone looking in the sky.

It is natural for us in this post-Easter season to ponder resurrection and what lies beyond this life. And yet, scripture reminds us that God created this earth and said it was good. So good in fact, that the incarnation, God's manifestation through the person of Jesus, would live among us, experiencing all of the richness and the limitations of this precious life that we live. The poet Mary Oliver writes that "attention is the beginning of devotion."

As Christians we anticipate with hope and longing the day that Christ will return and make all things new. Yet it would serve us well to take some time in this beautiful season to soak in the newness of spring that bursts forth around us. This world isn't perfect, but it is still God's and it is still good. What better form of worship than to take some time this week to step outside for a while and just be, letting your gratitude be your prayer.

Amen, it is good to be here.

Caley Urtman

SIERRA VIEW HOMES ACTIVITY CALENDAR

May 2023

SUN	MON	TUE	WED	ΤΗU	FRI	SAT
(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Founder's Room	Daily activities are posted on the white boards in the Residential Care Facility	TURN YOUR TELEVISION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES.				
	10:30am-Memory	10:15am-Sittercise(MK) 2:00pm-Bingo (MK)	3 9:30am-Men's Coffee 10:15am-Sittercise(MK) 2:00pm-Bible studies (KC)	4 10:15am-Sittercise(MK) 2:00pm-Bingo (MK)	9:00am- Chats with Chaplain 10:15am-Sittercise 11:00am-Music with Anthology & Family (KC) 2:00pm-Iced Coffee Social	6 10:15am- Sittercise(MK) 1:30pm- Movie & Refreshments (MK)
7 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails (MK)	Jogger 2:00pm- Residential	9:30am-Men's Coffee 10:15am-Sittercise 2:00pm-Mother's Day Tea Party (KC)	10:15am-Sittercise 10:30am-Coffee Social (MK) 2:00pm-Bible Study (KC)	10:00am-Food Committee Meeting (KC) 10:15am-Sittercise 2:00pm-Bingo	12 9:00am- Chats with Chaplain 10:15am-Sittercise 1:30pm- Movie & Popcorn (MK)	13 10:15am- Sittercise(MK) 2:00pm-Nails (MK)
Mothers Day 14 9:00am-Church Service 12:00pm-Mother's Day Lunch (KC) 2:00pm- Nails	15 10:15am-Sittercise 10:30am-Memory Jogger 2:00pm- Arm Chair Travel	16 9:30am-Men's Coffee 10:15am-Sittercise(MK) 10:30am-Men's Nails 2:00pm-Bingo (MK)	10:15am-Sittercise 10:30am-Coffee Social (MK) 11:45am-Ron Surabian (KC) 2:00pm-Bible Study (KC)	18 10:15am-Sittercise 2:00pm-Bingo	19 9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm- Nails	20 10:15am- Sittercise(MK) 1:30pm-Movie & Refreshments (MK)
21 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails (MK)	22 10:15am-Sittercise 10:30am-Trivia 2:00pm-Spring Refreshments(MK)	23 9:30am-Men's Coffee 10:15am-Sittercise 2:00pm-Bingo	24 110:15am-Sittercise 10:30am-Coffee Social (MK) 2:00pm-Bible Study (KC)	25 10:15am-Sittercise 2:00pm-Bingo	26 9:00am-Chats with Chaplain 10:15am-Sittercise 1:30pm- Movie & Popcorn (MK)	27 A10:15am- Sittercise(MK) 2:00pm-Nails (MK)
28 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails (MK)	29 110:15am-Sittercise 10:30am-Memory Jogger 12:00pm-Memorial Day BBQ Lunch (KC) 2:00pm-Memorial Day Refreshments (MK)	2:00pm-Bingo (MK)	31 110:15am-Sittercise 10:30am-Coffee Social (MK) 2:00pm-Bible Study (KC)			