

Dear Sierra View . . .

I would like to extend our thanks to you for all the care you show to your residents and the helpfulness and consideration you have shown to Tim and Karin.

> God bless you and your work, Lorraine Ellard

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n the Company of Friends

May 2022





EXECUTIVE DIRECTOR'S NOTE...

We welcome the month of May. The array of color as the flowers bloom and grow makes this a time of sunshine, smiles and celebration. Have you ever had the privilege of making May baskets? The idea is to make a basket of goodies then go hang it on a neighbor, friend or any one's front door. Ring the doorbell and run. That way the person opening the door is surprised by the basket of goodies and the good thoughts that came with it. Sometimes we included a card of well wishes, but we never signed the cards. It has been years since I have made May baskets but I always remember as April comes to a close the fun we had preparing and delivering the baskets. I think my mother had the most fun. Then again, May baskets might be just a South Dakota thing.

May is the time of year we remember our mothers as we celebrate Mother's Day. When I was growing up our mothers got corsages from their children to wear to church that Sunday. A beautiful fragrance filled the church on that special day. When I had my own children, the traditions changed. Mother's Day was a day to go out to eat at a special restaurant. We would pick places that we did not frequent. For years, Mother's Day meant we went to the Swedish Mill in Kingsburg. Now my children are grown and have children of their own and the traditions have changed again.

Mother's Day is also a day when we reflect on our own mothers. Many of us reading this today have to rely on memories as our mothers have passed away. I hope everyone has wonderful memories of Mother's Day past. Memories of laughter, caring and support in those rough growing-up years. I think of my mother now in heaven making May baskets and planning on who to surprise.

May is a time when we celebrate nurses and the caregivers here at Sierra View Homes Retirement Community. We appreciate the people who dedicate their lives for the care of others. Nurses create that healing atmosphere through their commitment to make others feel better.

So, as we delve into the wonderful month of May, we ask God's blessings on our mothers who give of themselves to make the next generation better and to our nurses who keep us well.

Ro Linscheid.

Stepping Into the Unknown...

I've always loved the post-resurrection stories in the Gospels. With the climax of the Gospels being the crucifixion and resurrection, they can be easy to overlook. Almost like the epilogue in a book series or a post-credit teaser at the end of a Marvel movie, alerting you to the fact that though this particular story has drawn to a close, the larger story is far from over.

In John 21 we find the disciples out fishing on the Sea of Galilee, much as Jesus found them at the beginning of the Gospel story. Except, of course, it wasn't at all like it was at the beginning of the story. In the shock of confusion of losing Jesus, the disciples seem to have made their way back to the lives they had before, fishing for a living. But after being "fishers of men," fishing for fish must have felt both surreal and not quite as fulfilling as it had before. I imagine a lot of deep thinking and conversations happened during those days on the lake. What now? Was this it?

Of course, we know that this was not the end for them, not even close. Jesus appears on the shore, tells them to cast their nets on the other side (which should bring a smile to the reader's face), and when the disciples finally realize who the stranger on the shore is, experience a joyful reunion and fish fry breakfast they likely never forgot. Jesus leaves the disciples with instructions for them to feed his sheep. And just like that they rediscovered their purpose.

After the Easter story, and during certain chapters of our lives, we too may ask, "now what?" May we also be willing to cast our nets on the other side, and seek to feed Jesus' sheep, sharing the love and hope of Christ with all we encounter.

Caley Ortman, Chaplain

Interview of two Gurnick Academy Nursing Students ...

They were both asked the same questions and their responses to the questions just show the variety of backgrounds that these students come from. Sierra View Homes is their first Skilled Nursing setting as they do "clinicals" to complete their education.

Nurse #1 - Lisa Perez

What made you choose nursing?

Lisa knew a friend that needed someone to work in the office for Gage Pediatrics in Hanford and seven years later she fell in love with it and still works there full time. She knew she wanted to work in health care but did not know what she wanted to do. Working with nurses at Gage made her realize that nursing was the path she wanted to take. She loves being able to see patients progress and get stronger.

What are your plans after you are certified?

Lisa stated, "There is nothing set in stone." She enjoys pediatrics and corrections. But coming to Sierra View Homes made her realize that she can't rule any specialty out. Lisa said she really loves the residents here and this definitely opened her eyes to a new specialty.

Nurse #2 - Janeth Tapia

What made you choose nursing?

Janeth is from Dinuba and has been working full time at Kaweah Rural Health Clinic in Exeter as a Medical Assistant. She wanted to be a nurse since forever and she had a daughter that was in the NICU when she was born. Every time she has gone to the hospital she has seen these amazing nurses that took great care of her. These nurses took care of her with compassion and she would love to do that for others. Janeth has been an Medical Assistant for almost 20 years and this is the first time she has been a full time student. She sees this as professional growth as well and cannot wait to see where this takes her.

What are your plans after you are certified?

Janeth started the program thinking she wanted to work in the clinic setting after she certifies and now she would love to do more patient-centered care. Sierra View changed her mind because she enjoys getting to know her patients and she loves the environment here at Sierra View Homes.

Audit ...

The outside audit was completed for the fiscal year of 2021. High-lighted were the expenses of COVID-19 consequences including staffing, infection prevention materials and legal issues. The extra revenue from the first Federal Cares Act was also highlighted. Although the year ended with a .001% net loss. Sierra View Homes reserves was available to continue operations without hiccups.

The 2021 audit was done by a new company for us out of Los Angeles. Jeff Carter, local CPA, assisted in completing the audit. If anyone wants to see a copy of the financials, you may request it in the office.

Kiwanis Dinner . . .

Sierra View Homes Retirement Community will host a dinner to benefit the many good things that the Sunrise Kiwanis Club of Reedley does for our community. The dinner will be served on Saturday, May 21, between 5:00 p.m. and 7:00 p.m. The cost to attend the fundraiser is \$25.00 per person. You may purchase tickets in the main office.

Thank you for your support for the Sunrise Kiwanis Club of Reedley. The club meets twice a month (first and third Wednesday), in the Kings Canyon Dining Room.

<u>Very Sincerely</u> . . .

A very special thanks to all the Sierra View staff for all the loving care for our dad, Arnold Aalto. You truly are appreciated and we bless all of you for your wonderful kindness!

Thank you too for the beautiful flowers, as well!

The Aalto Family

New Bus ...

We have been looking forward to the new bus arrival. We were told for many months it would be ready in May. Ro recently received information that it will not be ready till June. There is no exact date set in June for the bus to arrive.

ACTIVITY CALENDAR

(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Found- er's Room 1 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	Daily activities are posted on the white boards in the Residential Care Facility 2 10:15am-Sittercise 10:30am-Memory Jogger 2:00pm- Lemonade Day	TURN YOUR TELEVI- SION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES. 3 9:30am-Men's Coffee 10:15am-Sittercise 2:00pm-Bingo	10:15am-Sittercise 10:30am- Resident Council (MK) 2:00pm-Bible Study (KC)	5 10:15am-Sittercise 2:00pm-Cinco de Mayo Party (MK)	9:00am- Chats with Chaplain 10:15am-Sittercise 11:15am-Sierra View Spring BBQ (Patio) 2:00pm-Nails	7 10:15am-Sittercise 1:30pm-Movie & Popcorn (MK)
9:00am-Church Service 12:00pm-Mother's Day Lunch (KC) 2:00pm-Mother's Day Refreshments Mother's Day	10:15am-Sittercise 10:30am-Memory Jogger 2:00pm- Residential Care Facility Birthday Celebration (MK)	9:30am-Men's Coffee 10:15am-Sittercise 2:00pm-Bingo	11 10:15am-Sittercise 10:30am-Coffee Social (MK) 2:00pm-Bible Study (KC)	*Dr. Mc Lean (Podiatrist) (MK) 10:00am-Food Committee Meeting (KC)	9:00am- Chats with Chaplain 10:15am-Sittercise 2:00pm-Movie & Popcorn (MK)	14 10:15am-Sittercise 2:00pm- Spring Refreshments (MK)
9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	10:15am-Sittercise 10:30am-Memory Jogger 2:00pm- Arm Chair Travel	9:30am-Men's Coffee 10:15am-Sittercise 2:00pm-Bingo	10:15am-Sittercise 10:30am-Coffee Social (MK) 11:45am-Ron Surabian (KC) 2:00pm-Bible Study (KC)	19 10:15am-Sittercise 2:00pm-Bingo	9:00am –Chats with Chaplain 10:15am-Sittercise 2:00pm- Arts & Crafts (MK)	10:15am-Sittercise 1:30pm-Movie & Popcorn (MK) 5:00pm-Kiwanis Kabob Dinner Fundraiser (Ticket Required) (KC)
9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	8:30am-Barber 10:15am-Sittercise 10:30am-Memory Jogger 2:00pm- Trivia	9:30am-Men's Coffee 10:15am-Sittercise 2:00pm-Bingo	10:15am-Sittercise 10:30am- Coffee Social (MK) 2:00pm-Bible Study (KC)	10:15am-Sittercise 2:00pm-Bingo	9:00am-Chats with Chaplain 10:15am-Sittercise 2:00pm-Golden Girls Coffee Social (MK)	10:15am-Sittercise 2:00pm- Nails
9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	10:15am-Sittercise 12:00pm-Memorial Day BBQ Lunch 2:00pm-Spring Refreshments (MK) Memorial Day	9:30am-Men's Coffee 10:15am-Sittercise 2:00pm-Bingo				