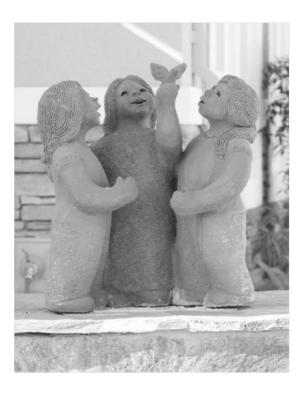


SERVICE OF REMEMBRANCE FRIDAY, JANUARY 27, 2023 2:00 P.M. Kings Canyon Dining Room

Sierra View Homes Retirement Community
1155 East Springfield Avenue, Reedley, CA 93654
1245 East Springfield Avenue (Apt. 1-56)
1140 East Evening Glow Avenue (Apt. 57-65)
1079 East Springfield Avenue (Apt. 101-319)
Phone: (559) 638-9226; Fax: (559) 638-6857;
www.sierraview.org

n the Company of Friends

January 2023





EXECUTIVE DIRECTOR'S NOTE...

The month of December brought my family a wonderful surprise and a pre-Christmas miracle. My son and daughter-in-law have been foster parents for a little girl. She has been with them since she was born. Now after a two year wait they were able to adopt her.

We have been waiting several months for the news of the date the adoption would take place. On Monday, the 12th, my husband and I got the news it would be on Dec. 19. We moved all sorts of commitments and responsibilities to be able to go to Kansas to witness this event. On December 17 we got the last two seats on the airplane and took off for Kansas. On December 19 we were in the court house when the Judge changed our little girl's name to Linscheid. There were tears of joy all around. On the 20th we were on a crowded airplane heading home. What a beautiful Christmas surprise. We got to have a little Christmas with all the grandchildren and were able to spend time with each of them. They are growing up so fast. We are excited our younger son is home for a Christmas visit.

We are about to embark on the year 2023. Many plans are being made for trips off campus with our new bus. Be sure to check in the office to sign up. Activities are being planned for various interests here on campus. The Wellness Center is ready for those who are making a New Year's Resolution to exercise more.

Sierra View Homes is hosting nursing students and new CNAs who are training so they can become skilled workers. Education of staff remains a top priority in all departments.

I don't usually make a New Year's resolution because I usually break it in the first week. However, this year my resolution is to get to know the people at Sierra View Homes better. I hope that we can have more events where the residents and staff can mingle and become friends.

2023 is here! I pray for health and happiness for each resident and staff member we have on campus. Happy New Year!! Happy New Year!

Ro Linscheid

Board Hero ...

Irvin Isaak is stepping down as Auxiliary Board Chair. We want to give Irvin Isaak a big thank you for his years of service to Sierra View Homes Retirement Community. He has served several terms on the Sierra View Board of Directors, he was the Board of Directors Chair Person, he participates with the Sierra View Strategic Planning Committee, and most recently has served several years as the Sierra View Auxiliary Board Chair. Irvin has been an asset to Sierra View Homes and we wish to honor him and thank him for his dedication to the success of Sierra View Homes. Irvin is a retired education administrator with the Kings Canyon School District. Irvin and his wife Bernice remain as corporation members.

Golden Agers Meeting for Garden and Terraces Apartment Residents: ...

There is a meeting on the last Friday of the month when the apartment residents are invited to come together. There is a social time with refreshments served and Ro will update us how things are going at Sierra View Homes and will answer questions and listen to concerns. All apartment residents are welcome to come to the Kings Canyon room at 2:00 p.m. on the last Friday of each month. The next meeting will be January 27, 2023.

Centurions...

We have a resident in the Nursing Care Center who turned 103 on December 16. She celebrated by having a special meal with her daughters. We also have residents in Assisted Living who will turn 100 and 103 in December and in January. We have one person living independently in the Garden Apartments who is 102. There are a number of people here at Sierra View Homes Retirement Community who will join the centurion club in 2023. What a treasure to have people such as these living on our campus.

The Go To Person ...

If there is someone running around trying to get things done it is probably Crystal Rogalsky. Crystal has been with Sierra View Homes 10 years. She works to get people to the right Independent Living Apartment or Assisted Living. Crystal came to us by way of finding a place for her dad and mom. She has been very effective in assisting you get settled and become oriented with Sierra View Homes. Apartments are available. If you are interested or even just curious stop by or give Crystal a call.

Sierra View Homes Corporation Meeting ...

Sierra View Homes Corporation meeting will take place February 23, 2023. The date and time will be announced soon. Sierra View Homes is a Non-Profit Corporation with members who vote for the Sierra View Homes Board of Directors. The **Executive Director and the Chief Operating Officer give a** report of the State of Sierra View Homes at this meeting. Information will be out soon regarding the potential new board members and other topics that will be discussed. Board members ending their terms are Bill Braun and Joann Kalafut. We wish to thank them for their service. The Sierra View Auxiliary will also have an annual meeting earlier the same evening. Anyone can be a corporation member by donating a minimum of \$100 to Sierra View Homes. Each \$100 donation entitles you to one vote. You can be an Auxiliary member by paying \$10 dues. **Ouestions** may be addressed in the Administration Office of Sierra View Homes.

Thank you...

Sierra View Homes Retirement Community has had a number of very generous donations throughout this Thanksgiving and Christmas season. We want to thank those who donated. Our goal is to take care of the people on our campus. Some of our residents are not able to meet the monthly bills due to inflation. These donations will go a long way to help our residents maintain their residency here.

Sacred Spirals ...

For years growing up I could count on one of the gifts under the tree being a calendar for the upcoming year. It is the way human beings have come to understand, manage and organize time. 365 days in a year, all turning over at the end of the twelfth month. While our phones have begun gradually replacing wall calendars, calendars still help us look forward to and prepare for the year ahead.

For us, time is a linear phenomenon, moving everforward. The moment we live in now is unique, never to be experienced again. And yet, within sacred spaces, time is sometimes more of a spiral.

When we look to God's creation we recognize that much of life's patterns are cycles. We observe it in the weather patterns we identify as seasons. We see it in the migration of birds, the molting habits of reptiles and the birth to death life cycles of farm animals and beloved pets. Perhaps given the cycles God has set in place, it is not surprising that our sacred time is not random, but patterned around the Christian story, which we live into again and again every year.

We spend the Advent season anticipating the arrival of the Christ child. This anticipation culminates in the celebration of Christmas. We will spend the next few months following Jesus as he grows into his ministry with its high and low points, its parables and miracles. In the Spring we will remember his crucifixion, and days later, the inexplicable hope and joy of resurrection. We may choose to follow the life of the early church from there, until winter comes again and we turn our attention back to Advent.

Time is linear. We will never experience the Christmas of 2022 again. And yet God has gifted us with sacred time, which spirals unending as we continue to come back to the story year after year, with our loved ones and our beloved traditions. May the year to come bring newness, as well as, the familiarity of sacred time, which ever proclaims that God is both forever unchanging and yet always doing something new.

Caley Ortman, Chaplain

ACTIVITY CALENDAR

JANUARY 2022

(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Founder's Room	Daily activities are posted on the white boards in the Residential Care Facility	TURN YOUR TELEVI- SION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES.				
9:00am-Church Service 10:15am-Sunday Surprise (MK) 12:00pm-New Year's Day Lunch (KC) 2:00pm-Bowl Games & Snacks (MK) New Year's Day	10:15am-Sittercise (MK) 10:30am-Memory Jogger 2:00pm-Arm Chair Travel (MK)	9:30am-Men's Coffee 10:15am-Sittercise (MK) 2:00pm-Bingo	10:15am-Sittercise (MK) 10:30am- Resident Council (MK) 2:00pm- Bible Study (KC)	10:15am-Sittercise (MK) 2:00pm-Bingo	9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm-Nails	7 10:15am-Sittercise (MK) 1:30pm- Movie & Refreshments (MK)
9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Brownie Social (MK)	10:15am-Sittercise (MK) 10:30am-Trivia 2:00pm- Residential Care Birthday Celebration (MK)	9:30am-Men's Coffee 10:15am-Sittercise (MK) 2:00pm-Bingo	11 10:15am-Sittercise (MK) 10:30am- Current Events Coffee Social (MK) 2:00pm- Bible Study (KC)	*Dr. McLean* Podiatrist (MK) 10:00am-Food Committee Meeting (KC)	9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm-Sierra View Talent Series Featuring: Joe Halpen- Photography (KC)	14 10:15am-Sittercise (MK) 2:00pm-Nails
9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	10:15am-Sittercise (MK) 10:30am-Men's Nails (MK) 2:00pm-Arm Chair Travel (MK)	9:30am-Men's Coffee 10:15am-Sittercise (MK) 2:00pm-Bingo	18 10:15am-Sittercise(MK) 10:30am- Current Events Coffee Social (MK) 11:45am-Ron Surabian (KC) 2:00pm-Bible Study (KC)	10:15am-Sittercise (MK) 12:00pm-Soup Lunch (KC) 2:00pm-Bingo	9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm-Nails	10:15am-Sittercise (MK) 1:30pm-Movie & Refreshments (MK)
9:00am-Church Service 10:15am-Sunday Surprise (MK) 12:00pm-Chinese New Year Lunch (KC) 2:00pm-Iced Coffee Social (MK)	10:15am-Sittercise (MK) 10:30am-Memory Jogger 2:00pm-Winter Refreshments (MK)	9:30am-Men's Coffee 10:15am-Sittercise (MK) 2:00pm-Bingo	10:15am-Sittercise (MK) 10:30am- Current Events Coffee Social (MK) 2:00pm- Bible Study (KC)	10:15am-Sittercise (MK) 2:00pm-Bingo	9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm-Service of Remembrance (KC)	10:15am-Sittercise (MK) 2:00pm-Nails
9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	10:15am-Sittercise (MK) 10:30am-Trivia 2:00pm-Arm Chair Travel (MK)	9:30am-Men's Coffee 10:15am-Sittercise (MK) 2:00pm-Bingo 2:00pm-New Year's Cookies (KC)				