



1155 East Springfield Avenue
Reedley, CA 93654

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New entertainment. Will Derksen and Fred Keenom have started coming to entertain the lunch crowd at Sierra View Homes Retirement Community. They play and sing many types of songs. Many favorites are the old hymns.

The WELLNESS CLINIC

Cancelled until further notice.

Sierra View Homes Retirement Community
1155 East Springfield Avenue, Reedley, CA 93654
1245 East Springfield Avenue (Apt. 1-56)
1140 East Evening Glow Avenue (Apt. 57-65)
1079 East Springfield Avenue (Apt. 101-319)
Phone: (559) 638-9226; Fax: (559) 638-6857;

In the Company of Friends

September 2022



EXECUTIVE DIRECTOR'S NOTE . . .

Ahh, September has arrived. The days and nights are becoming cooler and School busses become the order of the day. Lyn Berry, our master gardener, is telling me it is time to prune. It is time to cut back the growth that happened this year so the new growth in spring has plenty of space, light and water. September is a time to finish the summer gardens and make them ready for the winter planting. It leads to hopeful expectations for a beautiful campus when winter leads to spring.

September also leads to more comfortable outdoor activities. We are using the Gazebo between the Administration Office and the Nursing Care Center for visiting and picnics. It makes me happy when families and friends can safely visit outside. Visiting outside has its benefits with sunshine vitamin D that helps lift people's spirits and helps with a feeling of wellbeing and happiness. I look forward to seeing more people out in the gazebos around campus. "In the company of friends" means we are there for each other. I see that as people gather around the puzzles in the Terraces, or people gather to play a card game. I hear of people making something to eat and then sharing it with their neighbors. I enjoy hearing stories of how friendships are being formed.

I am hopeful that we can get our Arts and Concert Series started. We have many very talented people on campus and I know there are talented family members and friends. I would like to see hobbies and talents displayed, encouraged and appreciated. I want to do it up big with a show and a reception for the artist or musician. So, if you are a quilter, photographer, wood worker, and musician or have another talent please contact Kelly Brady or call the office 638-9226 to offer to participate. We are looking to do one show a month.

I am hopeful we can continue to make Sierra View Homes Retirement Community a very lively, entertaining and fun place to live and work. September is a time to reset for the future. I look forward to what is in store for us as we strive to be a community that truly is "in the company of friends." Have a good September!

Ro Linscheid

The Senior Prom . . .

The Senior Prom (for age 65 and older) will once again be hosted by Sierra View Homes. The event will take place on September 23, 2023. Entrance to the event is by ticket only. Seating is limited. To purchase tickets contact Jodi Botello at the Senior Center. Tickets will be available to purchase at the Sierra View Homes Kings Canyon room on September 6 at 4:30 pm.

Saturday, October, 15, 2022
Reedley Sunrise Kiwanis Club
Spaghetti Dinner—5:00 p.m. to 7:00 p.m.
Dinners will be take out only. The meal is \$20 and the proceeds go to the Reedley Sunrise Kiwanis funding for school and Community Activities.

Inflation Jitters . . .

Inflationary trends have been rising exponentially this year. Unfortunately we are experiencing the uptick especially in the cost of labor, medical supplies and food. Both state and federal government actions, as of late, only exacerbate and make permanent these higher costs.

Therefore SVH has taken the necessary steps of raising the skilled nursing rate by 3% starting October 1, 2022, to get us through the rest of the year. At this time we are only raising skilled rates since it is so highly dependent on trained staff and medical supplies. The other two service lines, residential and assisted living are being left alone at this time.

We are beginning an exploratory budgeting process for the fiscal year of 2023 now to determine what it is going to take to deal with next years costs. As we go through that process we will keep you informed. After careful study, a new rate will be determined by the SVH Board of Directors in October, and a 60-day notice will be sent out to establish 2023 rates for all three services lines. We hope that some of the inflationary trends will plateau. Thank you for your understanding.

Thank you . . .

I would like to say thank you to the staff at Sierra View Homes for the kind and professional care provided to Diana Aivazian. You helped to make the transition from Independent Living to Skilled Nursing seem less traumatic for her and myself. She received quality care from quality people.

While I am heartbroken that Diana has left her earthly body, I am comforted knowing she is resting in peace and for that I am very grateful.

Sierra View Home and staff provide a very special service to the community and I am thankful to all.

**On behalf of the Aivazian Family,
Ted Aivazian**

Sierra View Homes wishes to send a huge thank you to the volunteer gardening crew. They come every Friday and spend time working on keeping up the gardens on campus. The group is led by Lyn Berry. Their efforts have kept our campus looking great. This group has a lot of fun. They usually start around 7:00 am on Friday morning and work until 11:00 am. There is a coffee break with goodies sometime in the morning.

To All the Staff who lovingly cared for my sister, Lula Elms. . .

Thank you so very much for all the warm and loving care you gave Lula and our family these past three years. Your bright smiles and cheery Hellos were always so special.

There really are no words to adequately express our gratitude for all you have done. We will always remember all of you, Lula's Special Angels! You are all so very, very Special!

**Our Love and Appreciation, Bill, Nan & Toby too!
Susie, our daughter,
also sends her love and gratitude for loving her Aunt**

Beauty in the Sacrifice . . .

When we experience hardship and tribulation in life our tendency is to immediately question things. Question what we might have done wrong to deserve such hardship, question how a good God could *allow* us to experience such tribulation in the first place, question whether the universe bends towards darkness and not towards light.

Questions like these, of course, assume that our well-being is a priority over all else in the universe. It is not unreasonable that we think like this. After all, Psalm 8 tells us that we are "made a little lower than the angels and crowned with glory and honor" (v5). But then again, the first three verses of the Psalm are spent contemplating just how small we are when one looks at the whole scope of creation.

One of the mysteries of the universe seems to be that beauty is so often baked into sacrifice and hardship. In a recent article titled *The Beauty and the Sacrifice*, Pastor Jeryl Hollinger reflects that it is beauty that sustains the world and yet sometimes beauty consumes beauty. We see it all the time in nature. One animal kills another in order to feed its young. We thin out healthy carrots so the others may grow bigger. We pick flowers to make a beautiful centerpiece knowing that clipping them means their inevitable death.

Hollinger writes that this is not a problem to be fixed but "a reality to be faced and a truth to be remembered, a challenge to gain perspective...the heart of all spirituality is to see the beauty of life and rejoice in it, to serve it and sacrifice for it, to know its pain and feel its cost. Life, in all its forms, is never to be taken for granted."

This paradox of beauty and suffering flows throughout our Gospels. Jesus walks the road less-traveled, loving, healing and creating community on the margins of society, knowing that the scandal it would create would cost him everything, including his life. It is the tragedy of all tragedies, and yet, out of his life was born the church, as well as a deeper revelation of what true beauty and true love can look like.

Jesus told his disciples once: "unless a kernel of wheat falls into the ground and dies, it remains a single kernel; but if it dies it produces a great harvest" (John 12:24). We need not look for suffering in this world, but when it encounters us, may we have the grace to let our kernels fall where they may, thinking always of the blessing of beauty that God's transformation can bring forth.

Caley Ortman, Chaplain

(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Founder's Room	Daily activities are posted on the white boards in the Residential Care Facility	TURN YOUR TELEVISION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES.				
				1 *Dr. Mc Lean (Podiatrist) (MK)	2 9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm- Nails	3 10:15am-Sittercise (MK) 1:30pm-Movie & Popcorn (MK)
4 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	5 10:15am-Sittercise (MK) 10:30am-Memory Jogger 12:00pm-Labor Day BBQ Lunch (KC) 2:00pm-Homemade Ice Cream (MK) Labor Day	6 9:30am-Men's Coffee 10:00am-David Beaumont Memorial Service (KC) 2:00pm-Bingo 4:30pm-Senior Prom Ticket Sales (KC)	7 10:15am-Sittercise (MK) 10:30am- Resident Council (MK) 2:00pm- Bible Study (KC)	8 10:00am-Food Committee Meeting (KC) 10:15am-Sittercise (MK) 2:00pm-Bingo	9 9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 1:30pm- Movie & Popcorn (MK)	10 10:15am-Sittercise (MK) 2:00pm-Spring Refreshments (MK)
11 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	12 10:15am-Sittercise (MK) 10:30am-Trivia 2:00pm- Residential Care Birthday Celebration (MK)	13 9:30am-Men's Coffee 10:15am-Sittercise (MK) 10:30am-Men's Nails 2:00pm-Bingo	14 10:15am-Sittercise(MK) 10:30am- Current Events Coffee Social (MK) 2:00pm- Bible Study (KC) 2:00pm-Arts & Crafts (MK)	15 10:15am-Sittercise (MK) 2:00pm-Bingo	16 9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm- Nails	17 10:15am-Sittercise (MK) 1:30pm-Movie & Popcorn (MK)
18 9:00am-Church Service 10:00am-Sunday Surprise (MK) 2:00pm-Nails	19 10:15am-Sittercise (MK) 10:30am-Memory Jogger 2:00pm-Arm Chair Travel (MK)	20 9:30am-Men's Coffee 10:15am-Sittercise (MK) 10:30am- Cool Down with Tai Chi (MK) 2:00pm-Bingo	21 10:15am-Sittercise (MK) 10:30am- Current Events Coffee Social (MK) 11:45am-Ron Surabian (KC) 2:00pm- Bible Study (KC)	22 10:15am-Sittercise (MK) 2:00pm-Bingo First Day of Fall	23 9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 1:30pm- Movie & Popcorn(MK) 4:30pm-Reedley Commission on Aging Senior Prom (KC)* Tickets were presold for this event*	24 10:15am-Sittercise (MK) 2:00pm- Nails
25 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	26 10:15am-Sittercise (MK) 10:30am-Trivia 2:00pm-Summer Refreshments (MK)	27 9:30am-Men's Coffee 10:15am- Sittercise (MK) 10:30am-Name That Tune (MK) 2:00pm-Bingo	28 10:15am-Sittercise (MK) 10:30am- Current Events Coffee Social (MK) 2:00pm- Bible Study (KC)	29 10:15am-Sittercise (MK) 2:00pm-Bingo	30 9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm- Nails	