

Spaghetti Dinner ...

Thank You Sierra View Homes for hosting the Sunrise Kiwanis Club of Reedley Spaghetti Dinner. As always, the Kitchen out did themselves with a wonderful meal. Kiwanis was able to make \$2000 to benefit different charities that we support throughout the Reedley Community. As the new president for the Sunrise Kiwanis Club of Reedley, I look forward to more joint ventures with Sierra View Homes to help the children in our community.

Angel Rodriguez

President Sunrise Kiwanis Club of Reedley

Sierra View Homes Retirement Community

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In the Company of Friends

November 2022





EXECUTIVE DIRECTOR'S NOTE...

Can you believe November is here? It is time for cooler weather, sweaters, pumpkin pies and pumpkin spice lattes! It is a time to think about what you are thankful for and acknowledge our blessings.

I am thankful for Sierra View Homes Retirement Community. I recently went to a Risk Management conference in Nashville, Tennessee. I heard about what is happening at other retirement communities from around the country. Some communities are having some very real and dangerous problems. Here at Sierra View Homes , we are living in peace most of the time. We are enjoying the company of our neighbors and friends.

I am thankful for cooler temperatures. The summer heat lasted too long for me. I enjoy wearing sweaters and drinking warm beverages. I am not looking forward to raking leaves, but I am thankful for the large tree that provides shade for my house in the summer.

I am thankful we hosted the Senior Prom here at Sierra View Homes again this year. The many guests enjoyed the 1950's theme and music. In addition, we recently hosted the Historical Society's fundraiser. It feels good to have groups on campus again.

I am thankful for all the volunteers who do various tasks here at Sierra View Homes. There are the store volunteers, the gardening volunteers, the musicians and preachers, the Auxiliary, the Board of Directors, and the Strategic Planning Committee to name some. It takes many dedicated people to bring life and excitement to this community.

I am extremely thankful for the staff of Sierra View Homes. We have so many staff members who come to work day after day to make this place a great place to live and work. Staff and residents appreciate the dedication of the management team who encourages and leads the staff members.

I am thankful for the opportunity I had to write for the Exponent and most recently the Mid-Valley Times. My October article was my last regular article. The Mid-Valley Times has a new owner and publisher and they are taking the newspaper in a different direction. I may get to submit an article from time-to-time.

As I run out of space, I want to say I am very thankful for the residents of Sierra View Homes Retirement Community. Thank you for choosing to live here and be part of this community. We would not be here without you.

Happy November and I pray you have a blessed Thanksgiving.

Administrator in Training (AIT) ...

Back in July Kecia Friesen was approved as a candidate to become a licensed nursing home administrator. Kecia began her 1000 hour "administrator in training" internship in the summer. She will work through each department, learn its ins and outs under the direction of Vito and Ro's preceptorship and tutelage. Kecia has been the Administrative Assistant and Human Resources Coordinator for the last eight years so she has a massive amount of information under her belt already. Kecia has completed six hundred hours already and has progressed impressively. If her direction continues she will sit for her state and federal testing in February 2023.

A Sincere Thank you . . .

I can never thank everyone enough that was involved with taking care of my parents, Lewis and Gladys Friesen. My mom knew that she wanted to move to Sierra View before they "needed" Sierra View. Her parents, her brother, her sister and her husband all lived there. We were all born and lived in Reedley before we moved to the coast, so she knew it was the right place to go. They moved there on March 1, 2020, two weeks before COVID. They loved their apartment in The Terraces, but never were able to fully enjoy all the amenities that had been provided. Their apartment was beautiful.

I wish I could thank everyone who was involved in their care... Crystal, Luce, Barbara, Juana, Teresa and Joyce in these past days with my Dad. Everyone I talked to on the phone were kind and informative. All the aides I met when I was there visiting my dad, I can't thank them all enough.

I can't imagine a job harder than taking care of everyone living there during a nightmare like COVID, yet everyone did it.

Again, thank you from the bottom of my heart.

Valerie Bradley

Dear Sierra View Staff...

We are thankful for the amazing love and care you gave to our mom, Nellie Page, for almost seven years. We always felt confident that her needs were met every day. She loved all of you and came to think of you as family. We felt God really blessed our family when you had an opening for her. We pray God will continue to bless each one of you as you give your tireless love and attention to each of your residents.

In God's love, The Page sisters and family, Dottie, Pam, Patty and Rosie

The Chips Are In ...

The 2023 budgeting process came to a conclusion at the Sierra View Home Board meeting. After several months of studying the inflationary trend of labor and materials, a stringent budget was presented and affirmed by the board.

The results of the budget proposal is that our resident rates will be increased on January 1, 2023, from the January 1, 2022, posted rates. The care center or Skilled Nursing will increase by 5 percent; the Residential Care Center will increase by 4 percent and Independent Living will increase by 4 percent.

As discussed, this is being done through a stringent budget that values efficiency, conservation and tough management choices. The budget is our projected financial plan for the future year. We are committed to holding the line against inflation, yet providing the outstanding service we are known for.

Thanksgiving Day Lunch

Thursday, November 24, 2022 12:00 p.m. Kings Canyon Room Cost \$10.00—Sign up in office

Kingdom Reverberations...

Our Sierra View Bible Study has been working our way through the book of Isaiah over the last few months. Isaiah wrote to a discouraged and demoralized people, who early in the book experienced invasion and exile from their homeland. By the book's end a way had been provided to return home, but to what? The city and the temple were in ruins and few of those returning from Babylon had any memories at all of the way things "used to be." Israel was in a state of disorientation.

The latter part of Isaiah's writing is to provide not only comfort, but also a vision for what God had in store for God's people. Yes, Israel had experienced hard times, but God was still with them. God had not abandoned his promise to Abraham. In fact, God was fulfilling that promise in new and exciting ways. The ever widening embrace of God would bring home not only the Israelites, but the everlasting light of God and the witness of Israel would also draw the surrounding nations to the Holy city.

What would Israel's witness need to look like for this to happen? Isaiah boldly writes:

The Spirit of the Sovereign Lord is on me,
because the Lord has anointed me
to proclaim good news to the poor.

He has sent me to bind up the brokenhearted,
to proclaim freedom for the captives
and release from darkness for the prisoners,
to proclaim the year of the Lord's favor

This is how the Kingdom of God would be revealed to the nations.

It is no surprise or coincidence that this was the passage Jesus turned to when he first spoke in the synagogue following his baptism. The vision of the Kingdom that God revealed to Isaiah would reverberate through the people of God (albeit imperfectly) and manifest itself most profoundly in the words and teachings of Jesus. As we work to follow Christ in all we do and say, may we continue to send those reverberations outward, echoing the Kingdom so that we may glimpse it here, on earth as in heaven!

ACTIVITY CALENDAR

November 2022

(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Founder's Room	Daily activities are posted on the white boards in the Residential Care Facility	TURN YOUR TELEVI- SION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES.	2	3	4	5
		9:30am-Men's Coffee 10:15am-Sittercise 2:00pm-Bingo	10:15am-Sittercise 10:30am- Resident Council (MK) 2:00pm-Bible Study (KC)	10:15am-Sittercise 2:00pm-Bingo	9:00am- Chats with Chaplain 10:15am-Sittercise 2:00pm-Nails	10:15am-Sittercise 1:30pm-Movie & Popcorn (MK)
9:00am-Church Service 10:15am-Sunday Sunrise (MK) 2:00pm-Nails	7 10:15am-Sittercise 10:30am-Memory Jogger 2:00pm-Pumpkin Ice Cream	9:30am-Men's Coffee 10:15am-Sittercise 2:00pm-Bingo	9 10:15am-Sittercise 10:30am-Coffee Social (MK) 2:00pm-Bible Study (KC) 2:00pm-Turkey Arts & Crafts (MK)	10:00am-Food Committee Meeting (KC)10:15am-Sittercise 2:00pm-Bingo	9:00am- Chats with Chaplain 10:15am-Sittercise 12:00pm-Veteran's Day Lunch (KC) 1:30pm- Movie & Popcorn (MK) Veteran's Day	10:15am-Sittercise 2:00pm- Nails
Time Ends	14	15	16	17	18	19
9:00am-Church Service 10:15am-Sunday Sunrise (MK) 2:00pm- Nails	8:30am-Barber 10:15am-Sittercise 10:30am-Memory Jogger 2:00pm- Residential Care Facility Birthday Celebration(MK)	9:30am-Men's Coffee 10:15am-Sittercise 10:30am-Men's Nails 2:00pm-Bingo	10:15am-Sittercise 10:30am-Coffee Social (MK) 11:45am-Ron Surabian (KC) 2:00pm-Bible Study (KC)	10:15am-Sittercise 2:00pm-Bingo	9:00am –Chats with Chaplain 10:15am-Sittercise 2:00pm- Nails	10:15am-Sittercise 1:30pm-Movie & Popcorn (MK)
9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	10:15am-Sittercise 10:30am-Memory Jogger 2:00pm- Arm Chair Travel	9:30am-Men's Coffee 10:15am-Sittercise 2:00pm-Bingo 3:00pm-"Tree Fluffing"	10:15am-Sittercise 10:30am-Reindeer Games 2:00pm-Bible Study (KC)	12:00pm- Thanksgiving Day Lunch (KC) Thanksgiving Day	9:00am-Chats with Chaplain 10:15am-Sittercise 2:00pm- Tree Decorating	10:15am-Sittercise 2:00pm-Fall Refreshments (MK)
9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	10:15am-Sittercise 2:00pm-RCF Coffee Social (Sequoia Welcoming Room)	9:30am-Men's Coffee 10:15am-Sittercise 2:00pm-Bingo	10:15am-Sittercise 10:30am- Coffee Social (MK) 2:00pm-Bible Study (KC)			