



1155 East Springfield Avenue
Reedley, CA 93654

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Thank you . . .

Our family would like to thank the Sierra View staff that provided kindness and care to my father, Edwin Ewy, and our family last fall during his stay. We are blessed to have a facility providing personalized and professional care in Reedley. Also, thank you for the beautiful plant.

Linda Ewy, for the Edwin Ewy Family

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In the Company of Friends

March 2022



EXECUTIVE DIRECTOR'S NOTE . . .

Last weekend Jerry and I took a few days to be at the coast. It was great to get away, relax, watch the waves and enjoy the rhythm and motion of the water. Everything seems to synchronize and on time, you could imagine an orchestra playing music-keeping pace with the noise of the waves.

As we drove back and got closer and closer to home a different kind of ocean was apparent. There was sea of white and pink blossoms all around us. You could visualize a white blanket just thrown over the valley floor. It is always amazing to think of the many varieties of fruit in the different blossoms.

As the weather warms and the fruit trees bloom even more, the promise of summer fruit is bold for all to see. It is such a lovely sight. When people ask me “when is the best time to visit the valley,” I quickly answer, “late February when the colors are bold and beautiful.”

When I see all the trees blooming, the flowers growing and the weeds trying to take over, I think what an amazing world we live in. Only God can create so much detail. March is the month for planting new gardens giving hope for great bounty and wonderful treats in the months to come.

I see all this beauty and hope for the future and I am filled with wonder. I hope we can start to come out of our apartments or rooms and experience more time together here on campus for worship services, coffee time, Bible study, puzzles and more. I hope that everyone will soon be free of the fear of COVID-19 and I hope that everyone on campus feels like the glass is half-full instead of half-empty.

I looked up the definition of hope and here is what I found: “To hope is to cherish a desire with anticipation; to want something to happen or be true hopes for a promotion hoping for the best. To desire with expectation of obtainment or fulfillment.”

As we move into March with blossoms all around, and the promise of Easter with the passage of Lent. The weather getting warmer promises new growth all around. I hope you too can see the hope for good things to come that springs forth in the month of March. No matter what, Lent reminds us of the greatest hope. God love us so much He wants us to be part of the redemption plan.

Ro Linscheid

Integrity Wins the Long Game . . .

It is always a good practice to return to familiar biblical stories and read them in their entirety, even if it feels like you almost have them memorized at this point. I recently returned to the Joseph story, and over the course of ten chapters, recognized a pattern in the story that did not register to me when I was young and mostly interested in Joseph's colorful coat.

The theme that kept coming up throughout the story was integrity. We think of Joseph's rise to prominence, but we perhaps fail to recognize how rough Joseph had it for most of the story. Thrown in a well and sold into slavery by his own brothers, framed by Potiphar's wife and unjustly jailed, interprets the baker and cupbearer's dreams and is promptly *forgotten* in jail. All of these things are more than enough reason for a person to become bitter and decide to just look out for themselves.

And yet time and time again the scripture tells us that Joseph's character and trust in God allows him to rise above these obstacles and find favor with the right people in the right places. Like a bobbing apple that always rises back up to the surface, Joseph never gives up on God or people, and God never gives up on him. In the end Joseph finds himself at the top of the power structure with the opportunity to exact revenge on the brothers that traumatized him so, and once again finds the strength rise above their level and embrace them with open arms.

When we are hurt by life and people, and when misfortune seems to be the only theme in our story, may we draw strength from the story of Joseph, whose patient perseverance and faithfulness allowed him to thrive and be a blessing, despite it all.

Caley Ortman, Chaplain

Food and Nutrition . . .

Sierra View Homes has created a new position, The Food and Nutrition Director. Jesus Osorio, comes to us from Fresno's Armenian Home and he will be charged with overseeing the Dietary Department to ensure nutritious and appetizing entrees will be a constant in our food service. Jesus will manage the dietary team in providing the fortified three meals and nourishments each day. Brenda Soares is on an extended medical leave.

Jesus will co-chair with Maya (Administrator in Training) the Food as Medicine Committee so that our dietary offerings will be wholesome, appetizing and nourishing for all our residents. One of the reasons life expectancy has increased so much in the last fifty years is that we are more knowledgeable about the foods we should eat more of and the foods we should stay away from.

The Food as Medicine Committee Meeting meets every other month to review the menu and to determine if we can offer more plant based diets. A licensed dietician assists on the committee. It also looks at meals and refreshments that may interfere in better health. We are also attempting to follow residents personal wishes.

The Committee also determined that instead of offering an alternate that is too similar to the regular entrees, a wholesome salad with a protein will be offered.

The Food as Medicine Committee is not to be confused with the Food Committee that is resident based. The Food Committee meets and discussed presentation, taste and food preferences. We welcome Jesus to our Dietary team!

Joseph of Nazareth . . .

The tradition lives on. Once again, there will be a St. Joseph's table set on March 19, from 11:30 a.m. to 12:45 p.m. in the King's Canyon Dining Room. For the last several years, Sierra View Homes has hosted a St. Joseph's event to bring attention to the life of St. Joseph. Joseph, "a just man" as described by scriptures, accepted God's plan as the foster father of Jesus Christ.

The luncheon will feature an Italian meal, and all the monies that are collected will be given to the Mennonite Central Committee to feed the poor. This even follows a centuries old tradition in many European villages.

The Changing of the Guard . . .

Recently, the Annual Sierra View Homes Corporation Meeting was held and three new Board of Director's were voted in. Louise Auernheimer and Stella Bohn were elected to begin their first three-year term and Lance Zimmerman was elected to his second three-year term. All residents will receive the 2021 Annual Report that was referred to by the Board Chair, Bill Braun, and the Executive Director, Ro Linscheid. The audited financials will not be available until the end of March.

The regular monthly Board of Director's meeting soon followed the Annual Meeting. The nine member board selected Lance Zimmerman as the 2022 Chair; Andy Ewy, as Vice-Chair; Ed Boldt, as Financial Secretary, and Bill Braun, as Secretary. The Board Committee Chairs or representatives are as follows: Josh Milton and Joanne Kalafut, Strategic Planning; Ed Boldt; Financial Secretary; Stephen Penner, Personnel; Joanne Kalafut, Marketing and Public Relations. The two new board members are no strangers to Sierra View Homes. Louise Auernheimer, a resident and has volunteered in many areas throughout the years. Stella Bohn has been the financial secretary for the Sierra View Homes Auxiliary.

The Sierra View Homes Auxiliary also had its annual meeting and discussed its year-end achievements for the support of our residents. Raising \$20,000 for the support of a new van and the re-opening of the little store are the highlight of the year. Irvin commented that the Auxiliary will be making a decision in March if the Auxiliary could have an annual gala in June.

(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Founder's Room	Daily activities are posted on the white boards in the Residential Care Facility	TURN YOUR TELEVISION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES.				
		<p style="text-align: center;">1</p> <p>9:30am-Men's Coffee 10:15am-Sittercise (MK) 2:00pm-Mardi Gras Party</p>	<p style="text-align: center;">2</p> <p>10:15am-Sittercise (MK) 10:30am- Resident Council (MK) 2:00pm- Bible Study (KC)</p>	<p style="text-align: center;">3</p> <p style="text-align: center;">*Dr. Mc Lean (Podiatrist) (MK)</p>	<p style="text-align: center;">4</p> <p>9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm- Nails</p>	<p style="text-align: center;">5</p> <p>10:15am-Sittercise (MK) 1:30pm-Movie & Popcorn (MK)</p>
<p style="text-align: center;">6</p> <p>9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails</p>	<p style="text-align: center;">7</p> <p>10:15am-Sittercise (MK) 10:30am-Memory Jogger 2:00pm- Residential Care Birthday Celebration (MK)</p>	<p style="text-align: center;">8</p> <p>9:30am-Men's Coffee 10:15am-Sittercise (MK) 10:30am-Painting 2:00pm-Bingo</p>	<p style="text-align: center;">9</p> <p>10:15am-Sittercise (MK) 10:30am- Current Events Coffee Social (MK) 2:00pm- Bible Study (KC)</p>	<p style="text-align: center;">10</p> <p>10:00am-Food Committee Meeting (KC) 10:15am-Sittercise (MK) 2:00pm-Bingo</p>	<p style="text-align: center;">11</p> <p>9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 1:30pm-Movie & Popcorn (MK)</p>	<p style="text-align: center;">12</p> <p>10:15am-Sittercise (MK) 2:00pm-Winter Refreshments (MK)</p>
<p style="text-align: center;">13</p> <p>9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails</p> <p style="text-align: center;">Daylight Savings Time Begins</p>	<p style="text-align: center;">14</p> <p>10:15am-Sittercise (MK) 10:30am-Trivia 2:00pm- Musica Viva Concert (KC)</p>	<p style="text-align: center;">15</p> <p>9:30am-Men's Coffee 10:15am-Sittercise (MK) 10:30am-Cool Down with Tai Chi 2:00pm-Bingo 2:00pm-Chaplain Open Hour (KC)</p>	<p style="text-align: center;">16</p> <p>10:15am-Sittercise (MK) 10:30am- Current Events Coffee Social (MK) 2:00pm- Bible Study (KC)</p>	<p style="text-align: center;">17</p> <p>10:15am-Sittercise (MK) 12:00pm-St. Patrick's Day Lunch (KC) 2:00pm-St. Patrick's Day Refreshments</p> <p style="text-align: center;">St. Patrick's Day</p>	<p style="text-align: center;">18</p> <p>9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00PM- Nails</p>	<p style="text-align: center;">19</p> <p>10:15am-Sittercise (MK) 12:00pm-St. Joseph's Day Lunch 1:30pm-Movie & Popcorn (MK)</p> <p style="text-align: center;">St. Joseph's Day</p>
<p style="text-align: center;">20</p> <p>9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails</p> <p style="text-align: center;">First Day of Spring</p>	<p style="text-align: center;">21</p> <p>8:00am-Barber 10:15am-Sittercise (MK) 10:30am-Memory Jogger 2:00pm-Spring Refreshments (MK)</p>	<p style="text-align: center;">22</p> <p>9:30am-Men's Coffee 10:15am-Sittercise (MK) 10:30am-Painting 2:00pm-Bingo</p>	<p style="text-align: center;">23</p> <p>10:15am-Sittercise (MK) 10:30am- Current Events Coffee Social (MK) 2:00pm- Bible Study (KC)</p>	<p style="text-align: center;">24</p> <p>10:15am-Sittercise (MK) 2:00pm-Bingo</p>	<p style="text-align: center;">25</p> <p>9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 1:30pm-Movie & Popcorn (MK)</p>	<p style="text-align: center;">26</p> <p>10:15am-Sittercise (MK) 2:00pm- Spring Refreshments (MK)</p>
<p style="text-align: center;">27</p> <p>9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails</p>	<p style="text-align: center;">28</p> <p>10:15am-Sittercise (MK) 10:30am-Trivia 2:00pm-Arm Chair Travel (MK)</p>	<p style="text-align: center;">29</p> <p>9:30am-Men's Coffee 10:15am-Sittercise (MK) 2:00pm-Bingo</p>	<p style="text-align: center;">30</p> <p>10:15am-Sittercise(MK) 10:30am- Current Events Coffee Social (MK) 2:00pm- Bible Study (KC)</p>	<p style="text-align: center;">31</p> <p>10:15am-Sittercise (MK) 2:00pm-Bingo</p>		