

1155 East Springfield Avenue Reedley, CA 93654

<u>Get Moving Program</u> . . .

Two new classes were started on January 24, 2022 for the eight week balance, exercise, and informational "Get Moving Program." This time we are holding a beginners class and a second go-around class. We are applying to Sierra Kings Health Care District for another sustaining grant to continue to bring this important benefit to our residents for free.

> Sierra View Homes Retirement Community 1155 East Springfield Avenue, Reedley, CA 93654 1245 East Springfield Avenue (Apt. 1-56) 1140 East Evening Glow Avenue (Apt. 57-65) 1079 East Springfield Avenue (Apt. 101-319) Phone: (559) 638-9226; Fax: (559) 638-6857; www.sierraview.org

In the Company of Friends February 2022





EXECUTIVE DIRECTOR'S NOTE ...

February is a very interesting time of the year. The weather starts to warm up, the fruit trees bloom, weeds grow like crazy and we pause to think about love.

I remember the excitement of purchasing valentine cards as a grade school student and then deciding who in my class would get each one. It was a big decision getting the right card to the right person. Then if you were lucky, you would get a little box of conversation hearts. What a treat! In school we had mailboxes to put the valentine cards in and on the big day you got the cards addressed to you. It was great fun reading the cards because you knew the other classmates were very careful choosing the right cards too.

February is also the time to plant the spring garden. I witness our volunteer gardening group hard at work on Fridays. They are busy planting and weeding so we are ready for spring. I am looking forward to more outdoor activities such as barbecues and picnics, bike rides, walks, and spending time on the patio with my family enjoying homemade ice cream. We need very little excuse to make homemade ice cream.

We are looking forward to our new van. It is due to arrive in April. This month we are gearing up to expand the Sequoia Room for Coffee Break times so we can get together and share friendship along with good coffee and soft-serve ice cream (almost as good as homemade).

We are rejoicing along with Maya Stewart who just finished her 1000 hours of administration training, a program monitored by California Department of Public Health. We wish her well as she takes the tests that will make her a licensed administrator. She is now ready to take the State and Federal tests to become licensed.

We welcome Terry Candanoza to the office staff. She replaces Gaby Lozano as Gaby moves on to a new job and new challenges. Vito continues to come back to Sierra View Homes two times a month. New staff members are joining us as well as staff returning in the Assisted Living and in Skilled Nursing. We are happy to see these new and familiar faces and welcome them.

We pray February will bring us a bit more rain, no more foggy days and the promise of love without condition. Happy Valentine's Day

Ro Línscheid

Patient Formation . . .

In his book *The Patient Ferment of the Early Church*, Alan Kreider identifies that the biggest obstacle to spiritual change is our social formation. Yes, the knowledge we are taught out of books and from the mouths of teachers plays a big role too, but the most powerful is the habit and reflex that we develop over time. The knowledge that is not acquired but inhaled, "learning that we acquire without being aware that we are learning."

The early church grew at an alarming rate, and yet it is interesting to note that the prominent Christian thinkers wrote three treatises on patience before they wrote any on evangelism. Why is that? Perhaps because effective witness is most compelling when it is lived out, and the only way to develop a compelling witness is through the mundane (or even *boring*) day-to-day Christian living. A fiery sermon might rouse a crowd for an evening, but the lived out example of walking in the way of Christ can last a lifetime. And this requires patience.

As the early writer Lactantius wrote, "People prefer example before talk, because talk is easy and example is hard." This is why God chose to send not disembodied words from heaven but an incarnate Son in a mortal body." Kreider adds: "It was not primarily what the Christians said that carried weight with outsiders; it was what they did and embodied that was both disconcerting and converting. It was...their reflexes and ways of life that suggested that there was another way to perceive reality--that made the Christians interesting, challenging, and worth investigating."

There may come times in your life when you have the opportunity to change lives through eloquent words or a grand gesture, but if it feels like your Christian life is one uneventful day after another, do not lose sight of the fact that it is perhaps patient and consistent Godly living that is the strongest witness of all.

Caley Ortman, Chaplain

Corporation Annual Meeting . . .

The Sierra View Homes Corporation Annual Meeting will begin at 6:00 p.m. on Thursday, February 17, 2022 in the Terrace Lobby. Members of the Corporation consist of any individual who has donated \$100 to Sierra View Homes. For each \$100 donated, the individual earns one share up to a maximum of 20 shares. There is no cash value to these shares, but there are voting rights. The corporation is a 501(c)(3) non-profit community benefit organization.

The purpose of the Annual Meeting is to vote on Board of Directors, and also on any significant changes to the by-laws and/or the debt structure. This time, there will be a ballot as forwarded by the Nominating Committee for three Board of Directors: Lance Zimmerman, running for his second three-year term; Stella Bohn, and Louise Auernheimer. Louise is a former board member, Strategic Committee member, Publicity Committee member, Sierra View Homes Retirement Community Auxiliary member, and she is a resident. Stella has been an officer of the Sierra View Homes Retirement Community Auxiliary.

During the brief meeting, the Chair of the Board, the CEO, and the CFO will give some short comments for those that attend.

Proxies have been mailed, please sign for proxy voting if you are unable to attend. An annual business report will be given out at the meeting.

Here is the Zoom option link for the meeting:

https://us02web.zoom.us/j/83263998616

<u>Chamber Business</u> . . .

The Greater Reedley Chamber Board of Directors honored Vito Genna for his many years of service as a chamber Board of Director and Sierra View Homes Retirement Community as a long-term supporting member. Erik Valencia, Executive Director of the Chamber commented on Vito's support and wise counsel during his tenure.

Caitlin Gipson, Gerontologist was elected to the Chamber Board at the same meeting. Caitlin has been working with Sierra View Homes for more than ten years assisting with marketing and publicity. Caitlin also helped design the Marden's Place Memory Care units on the Sierra View Homes campus.

Sunrise Kiwanis . . .

The Sunrise Kiwanis Club of Reedley meets on the first and third Wednesday of the month here at Sierra View Homes in the back of the Kings Canyon Dining Room. Meetings are slowly coming back to a more routine schedule now that the COVID-19 pandemic seems to be waning.

The Kiwanis is a social club that supports the City of Reedley and other community benefit programs.

Auxiliary . . .

The Sierra View Homes Annual Auxiliary Meeting will meet before the Corporation Meeting and will begin at 5:00 p.m. in the Terrace Lobby. Irvin Isaak will give a summary of the year's happenings. Around 5:30 p.m., refreshments and some finger sandwiches will be served.

SIERRA VIEW HOMES

ACTIVITY CALENDAR

FEBRUARY 2022

(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Found- er's Room	Daily activities are posted on the white boards in the Residential Care Facility	TURN YOUR TELEVI- SION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES. 1	2	3	4	5
		9:30am-Men's Coffee 10:15am-Sittercise 12:00pm-Chinese New Year Lunch (KC) 2:00pm-Bingo	10:15am-Sittercise 10:30am- Resident Council (MK) 2:00pm-Bible Study (KC)	10:15am-Sittercise 2:00pm-Bingo	9:00am- Chats with Chaplain 10:15am-Sittercise 2:00pm-Nails	10:15am-Sittercise 1:30pm-Movie & Popcorn (MK)
6	7	8	9	10	11	12
9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	10:15am-Sittercise 10:30am-Memory Jogger 2:00pm- Residential Care Facility Birthday Celebration (MK)	9:30am-Men's Coffee 10:15am-Sittercise 10:30am-Painting 2:00pm-Bingo	10:15am-Sittercise 10:30am-Coffee Social (MK) 2:00pm-Bible Study (KC)	10:00am-Food Committee Meeting (KC) 10:15am-Sittercise 2:00pm-Bingo	9:00am- Chats with Chaplain 10:15am-Sittercise 1:30pm-Movie & Popcorn (MK)	10:15am-Sittercise 2:00pm- Nails
13 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Super Bowl Party	14 7:00am-Sweetheart Waffle Breakfast (KC) 10:15am-Sittercise 10:30am-Memory Jogger 2:00pm- Valentine's Day Party	15 9:30am-Men's Coffee 10:15am-Sittercise 2:00pm-Bingo 2:00pm-Chaplain Open Hour (KC)	16 10:15am-Sittercise 10:30am-Coffee Social (MK) 2:00pm-Bible Study (KC)	17 10:15am-Sittercise 2:00pm-Bingo 5:00pm-Auxiliary Meeting (Terraces) 6:00pm-Corporation Meeting (Terraces)	18 9:00am –Chats with Chaplain 10:15am-Sittercise 2:00pm- Arts & Crafts (MK)	19 10:15am-Sittercise 1:30pm-Movie & Popcorn (MK)
20 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	21 10:15am-Sittercise 10:30am-Memory Jogger 2:00pm- Arm Chair Travel President's Day	22 9:30am-Men's Coffee 10:15am-Sittercise 10:30am-Painting 2:00pm-Bingo	23 10:15am-Sittercise 10:30am- Coffee Social (MK) 2:00pm-Bible Study (KC)	24 10:15am-Sittercise 2:00pm-Bingo	25 9:00am-Chats with Chaplain 10:15am-Sittercise 1:30pm-Movie & Popcorn (MK)	26 10:15am-Sittercise 2:00pm- Nails
27	28					
9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	10:15am-Sittercise 10:30am-Memory Jogger 2:00pm-Winter Refreshments (MK)					