



1155 East Springfield Avenue  
Reedley, CA 93654

[ ]

**Saturday, December 24, 2022**

**10:00 a.m.**

**Christmas Eve Service**

**Kings Canyon Room**

**Sierra View Homes Retirement Community**

1155 East Springfield Avenue, Reedley, CA 93654

1245 East Springfield Avenue (Apt. 1-56)

1140 East Evening Glow Avenue (Apt. 57-65)

1079 East Springfield Avenue (Apt. 101-319)

Phone: (559) 638-9226; Fax: (559) 638-6857;

[www.sierraview.org](http://www.sierraview.org)

# In the Company of Friends

## December 2022



## EXECUTIVE DIRECTOR'S NOTE . . .

“Deck the hall with boughs of Holly, Fa la la la la...”The Christmas season is here and we partake in the beauty of the Christmas lights and the trees decorated with ribbons and ornaments. Once again, we marvel at how fast the year has gone and we move into the Christmas season.

As a child, I loved this time of year. We often had snow (sometimes several feet deep). The outdoor temperature and the winds were blustery. I remember a few Decembers that the temperature dipped below zero and we had to shovel pathways to the barn to do chores. We children dutifully practiced our parts of the Christmas story so we were ready to perform on Christmas Eve. My mother was the director of the Christmas Story for many years. That meant we had costumes and props to prepare. Oh, the excitement of it all.

Raising my children created memories of joy filled Christmas times. We still tease my oldest son about when he was almost two years old and excitedly exclaimed, “Look at the kissmas lights”. He loved it when we drove around town.

Many Christmas carols have been sung through the years. I enjoy the opportunity to sing, often as loud as I can go, joining in the spirit of Christmas. I have my father to thank for this. He had many records with the famous singers of the 60's doing their best renditions of the traditional and not so traditional songs. I appreciate it when residents request a song or two as I do my rounds.

I witness the “labor of love” as residents, staff and even some family members create a Christmas Wonderland here at Sierra View Homes Retirement Community. Decorations are going up all over campus. People are smiling and laughing as they decorate the trees and put up lights. Christmas programs are being planned as we anticipate December 25 and the wonderful celebration when Christ came to earth as a baby!

December is a time for memories, celebrations and a time of remembering the reason for the season. I pray you will have a blessed Christmas season.

Merry Christmas!

*Ro Linscheid*

## Mid Valley Times . . .

Our local newspaper, the Mid Valley Times, is going through a transition. It was explained to us by a visit from the new editor and publisher, Reggie Ellis and Paul Myers. They have changed the format so that it will feature a lot more local news for the reader and less general information and features. Ro Linscheid has been a contributor each month for a retirement community feature story for the last 14 years. Ro is thankful for the stories she has contributed, but acknowledges relief that she does not have to continue. We keep her pretty busy around here.

**Sunday, December 25, 2022**

**12:00 p.m.**

**Christmas Day Lunch**

**Kings Canyon Room**

**Sign up in the office**

## Shots . . .

Last month a COVID Bivalent clinic was held in our Sequoia Welcoming Room. Over a hundred residents, staff and/or family members were able to obtain their COVID booster. We are so appreciative of the staff and Model Drug personnel that put this together to make it very successful. Sierra View Homes continues to give the flu shot as well to our residents and staff. There is no question that vaccines do work either to prevent or to minimize adverse effects of illness. It is most valuable to those of us who are more vulnerable either due to illness or social contact.

**Friday, December 9, 2022**

**2:00 p.m.**

**Ro and Friends Holiday Music**

**And Reception**

**Kings Canyon Room**

### **Christmas Party . . .**

A staff Christmas Party will be held on December 15, to celebrate and thank the staff for their unbelievable hard work and to wish them Christmas blessings. Tony and his crew will put on an amazing lunch spread. A small Christmas sharing will be given to the staff at this time thanks to the Auxiliary and Board of Directors.

**Friday, December 16, 2022**

**2:00 p.m.**

**Golden Agers Holiday Social**

**Come meet new friends, re-connect with old friends, and enjoy some holiday goodies.**

### **Screening Changes in Assisted Living . . .**

The new State of California screening guidance has been updated for our Assisted Living and Marden's Place. Screening of visitors will be through passive measures, such as sign postings about self-screening and reminding visitors not to visit if they are not feeling well. Visitors are still recommended to wear masks indoors but not while eating or drinking. Residents are not required to wear masks in their room. Remember we are trying to contain any diseases whether flu or virus.

Skilled Nursing has a more stringent policy for containment as dictated by the Department of Public Health.

### **Advent: The Inbreaking of God's Future . . .**

It can be hard to find the right balance for Advent. On the one hand, we need to hold back on the reins when it comes to celebrating Christmas already in late October. We would like to celebrate the birth of the Christ child with the jubilant choir of angels. And yet Advent whispers "not yet." To truly appreciate the coming of the Messiah we must wait, as Israel waited in dark times for so long.

Of course, running around telling everyone to wait in darkness is not a great look either. We are surrounded by political and economic turmoil, bombarded by tragedies of mass shootings and natural disasters. What are we supposed to be thinking and feeling these four weeks before Christmas?

Jesus was born into a world of social and political upheaval. He knew darkness and yet he preached light. He was surrounded by despair and yet embodied hope. He was not naively optimistic, he was revealing the "present but not yet" of God's Kingdom.

This is the balance we need to strike. As Karoline Lewis puts it: "*Advent speaks to the tension between our reality and God's vision for our future. Advent helps us get a sense of what it feels like to be secure in what is to come yet still have to wait.*"

This advent season, do not sweep the world's darkness under the rug. There is a space for lament and grief. But cling tight to the hopeful anticipation that proclaims the inbreaking of God's future, which is both here and not yet. And by all means, on Christmas Day, celebrate the birth of the Christ Child with the jubilant choir of angels.

**Caley Ortman, Chaplain**

(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Founder's Room	Daily activities are posted on the white boards in the Residential Care Facility	TURN YOUR TELEVISION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES.				
				1 10:15am-Sittercise(MK) 2:00pm-Bingo	2 9:00am- Chats with Chaplain 10:15am-Sittercise(MK) 2:00pm- Nails	3 10:15am-Sittercise(MK) 1:30pm-Movie & Popcorn (MK)
4 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	5 8:30am-Barber 10:15am-Sittercise(MK) 10:30am-Memory Jogger 2:00pm-Arm Chair Travel (MK)	6 9:30am-Men's Coffee 10:15am-Sittercise(MK) 10:30am-Current Events Coffee Social (MK) 2:00pm-Bingo	7 <u>Ugly Sweater Contest</u> 10:15am-Sittercise(MK) 10:30am- Resident Council (MK) 2:00pm- Bible Study (KC)	8 10:00am-Food Committee Meeting (KC) 10:15am-Sittercise(MK) 2:00pm-Bingo	9 <u>Christmas Accessories</u> 9:00am- Chats with Chaplain 10:15am-Sittercise(MK) 2:00pm-Ro & Friends Holiday Music (KC)	10 10:15am-Sittercise(MK) 2:00pm-Nails
11 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	12 <u>Crazy Hair/Hat Day</u> 10:15am-Sittercise(MK) 10:30am-Trivia 2:00pm-Residential Care Birthday Celebration (MK)	13 9:30am-Men's Coffee 10:15am-Sittercise (MK) 10:30am-Men's Nails 2:00pm-Bingo	14 10:15am-Sittercise(MK) 10:30am- Current Events Coffee Social (MK) 2:00pm- Bible Study (KC) 2:00pm-Christmas Cookie Decorating (MK)	15 <u>Flannel Day</u> 10:15am-Sittercise(MK) 9:30am-Auxiliary Bake Sale (KC) 2:00pm-Bingo	16 9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm- Nails	17 10:15am-Sittercise(MK) 1:30pm-Movie & Popcorn (MK)
18 9:00am-Church Service 10:00am-Sunday Surprise (MK) 2:00pm-Nails	19 10:15am-Sittercise(MK) 10:30am-Memory Jogger 1:30pm- Movie: A Christmas Story (MK)	20 <u>Christmas Sweaters</u> 9:30am-Men's Coffee 10:15am-Sittercise(MK) 2:00pm-Bingo 6:15pm-Night at the Drive-In (White Christmas) (KC)	21 10:15am-Sittercise(MK) 10:30am- Current Events Coffee Social (MK) 11:45am-Ron Surabian (KC) 2:00pm-Maji Party (MK) 4:45pm-Ron Surabian (KC)  First Day of Winter	22 <u>Holiday Colors</u> 10:15am-Sittercise(MK) 2:00pm-Bingo	23 <u>Pajama Day</u> 10:15am-Sittercise (MK) 1:30pm- Movie & Popcorn (MK)	24 10:00am-Christmas Eve Service (KC) 2:00pm- Nails
25 9:00am-Church Service 12:00pm-Christmas Day Lunch (KC)  Christmas Day	26 10:15am-Sittercise(MK) 10:30am-Trivia 2:00pm-Winter Refreshments (MK)	27 10:15am-Sittercise(MK) 10:30am-Name That Tune (MK) 2:00pm-Bingo	28 10:15am-Sittercise(MK) 10:30am- Current Events Coffee Social (MK) 2:00pm-Arts & Crafts (MK)	29 10:15am-Sittercise (MK) 2:00pm-Bingo	30 9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm- Nails	31