



1155 East Springfield Avenue
Reedley, CA 93654

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Lifted to High Places . . .

The Sierra View Homes Auxiliary has announced a gift to our Care Center of \$6,000 to procure an electronic mechanical resident lifting device. It replaces one that was more than ten-years-old.

Since Sierra View first opened its doors in 1968, the Auxiliary has been there for support.

Sierra View Homes Retirement Community
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In the Company of Friends

April 2022



EXECUTIVE DIRECTOR'S NOTE . . .

April is a time to enjoy the warmth of spring, this year it is time to prepare for Easter. So many memories run through my head as I think about Easter. Growing up, Easter time was the time to buy a new Easter dress and get new Sunday shoes. In South Dakota on a dairy farm, I did not grow up with Easter bunnies and a hidden basket full of goodies. I grew up with the excitement of celebrating the risen Lord. It was so exciting to go to church on Easter Sunday and see how everyone was dressed to celebrate. Family dinners followed and plenty of time to play with the cousins. As I grew into a teenager, sunrise worship service also helped make the Easter Day special.

April is full of many wonderful things such as flowering plants, new growth in the gardens, and the promise of barefoot days are soon to follow. I am enjoying the color around campus. With so many different varieties of flowers, it is difficult to know where to start for my own yard.

We have reason to be happy and thankful. The Assisted Living under Jenny Penner's guidance had a very good report from the State Surveyor who came out to see if we were following regulations. Jenny and her team impressed the surveyor with their attention to detail.

It has been a year and three months since we had any residents in either the Nursing Care Center or Assisted Living have COVID. I, for one, am very happy that we are seeing the changes in restrictions. Assisted Living and the Nursing Care Center will be the last groups to be released from restricted visiting and from wearing masks.

Let us celebrate this April! Put on your Sunday "going to church" clothes on Easter Sunday and attend the worship service in the dining room or attend your own church. Sign up in the office to eat lunch that day in the dining room if you have no other place to go. The cost is \$8.00 a plate. Let us be joyful, as the colors of spring are rejoicing and dancing in the sunshine and breeze. In addition, let us share the celebration as we meet each other on the Sierra View Homes Retirement Community Campus, the friendliest neighborhood in all Central California. May God's blessings be with you and your family in the Easter Season and beyond.

Ro Linscheid

Reflecting the Creator . . .

To be created in the image of God means that we all reflect (in our better moments at least) a piece of the mystery of who God is. One way that manifests in all of us is that like God, the Creator of all things, we ourselves are creators (or "creatives" as I have sometimes heard us called).

Some people display this in very visible ways: painters, poets, singers etc. But all of us are creatives in one way or another. We encounter this life as a canvas and leave our mark on it through our work, our play and our thinking. We leave legacies of this creativity, impacting those around us, like the ripples on a pond.

One of the beautiful things about all of this is how we can often attribute the created work to the person that created it. We hear a song or see a sculpture and say "Oh I know who made this." We leave a little bit of ourselves in our creations. Nowhere is this more true than through our children. How many times do we meet a child or a grandchild for the first time and say "Oh, I bet I know who your parents are, you have your mother's eyes."

I think about how the creation reflects the Creator a lot this time of year. It is the time of year when so much in the natural world that has appeared dead for months suddenly springs to life, putting forth fresh green shoots and blossoms in every color. It is a delightful statement that seems to say, with a twinkle in its eye, "why do you look for the dead among the living? Can't you see I have risen, just as I said I would?"

In this beautiful season of Spring, and with Easter just around the corner, let us celebrate new life, a reflection of our Creator, from whom springs new life and hope in abundance.

Caley Ortman, Chaplain

Ramping Up . . .

We are adding a new metal ramp from the sidewalk to the street over by the northeast side of the Wellness Center. This addition comes by way of a request from a couple of residents. They would like clear sailing as they ride their bikes. Chuck, of Chandler Construction, will be forming and installing the ramps soon. It has to be a metal ramp so that the storm drain would not be blocked.

Joseph and His Call to Assist the Poor . . .

The cause was timely and spoke to our hearts. The annual St. Joseph's Lunch to bring attention to the poor and needy was successful in bringing over \$1600 to the Mennonite Central Committee (MCC). At the luncheon, former First Mennonite Church of Reedley Pastor and Sierra View Homes Board Member, Stephen Penner, gave a little talk on the struggles of Joseph, the foster father and guardian of Jesus. He also discussed how the Ukraine people were aided by MCC from its very beginnings.

The feature meal was a Chicken Rollatine with a side of penne pasta. This was topped off with a soft serve cappuccino ice cream. Chef Tony and his merry dietary band did a splendid job. It was enjoyed by all. And the money collected will bless the Ukrainian people. Thank you to all who supported.

Get Moving Program . . .

Sierra Kings Health Care District has announced another grant to Sierra View Homes starting July 1, 2022. Sierra View Homes is now on its ninth class of residents who are benefiting from this important exercise and informational guide to better health.

Indeed, Physical Therapist Phil, Registered Nurse Estella, Restorative Nurse Dinora, and Registered Dietician John, have made the program so successful that Sierra Kings Health Care District has allotted another \$25,000 as a grant to continue the proven helpful eight week program for our residents.

In addition to that, an additional \$10,000 will be allotted to Sierra View Homes if we coordinate with the City of Reedley to create a "Get Moving Program" for seniors at the Community Center. So we have met with the representatives of the City and Sierra Kings Health Care District, and are looking forward to start our first Community "Get Moving Program" in the fall.

We are thankful to the Sierra Kings Health Care District board for approving their generous gift to our seniors.

(MK)=Mineral King Room (KC/FR)=Kings Canyon Room or Founder's Room	Daily activities are posted on the white boards in the Residential Care Facility	TURN YOUR TELEVISION TO CHANNEL 2 FOR A LIST OF DAILY ACTIVITIES.				
					1 9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm-Getting to Know Each Other Iced Coffee Social (MK)	2 10:15am-Sittercise (MK) 2:00pm- Movie & Popcorn (MK)
3 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	4 10:15am-Sittercise (MK) 10:30am-Memory Jogger 2:00pm-Arm Chair Travel (MK)	5 9:30am-Men's Coffee 10:15am-Sittercise (MK) 10:30am-Easter Crafts (MK) 2:00pm-Bingo	6 10:15am-Sittercise (MK) 10:30am- Resident Council (MK) 2:00pm- Bible Study (KC)	7 10:15am-Sittercise (MK) 2:00pm-Bingo	8 9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm-Movie & Popcorn (MK)	9 10:15am-Sittercise (MK) 2:00pm-Nails
10 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	11 8:00am-Barber 10:15am-Sittercise (MK) 10:30am-Trivia 2:00pm- Residential Care Birthday Celebration (MK)	12 10:15am-Sittercise (MK) 10:30am-Cool Down with Tai Chi 2:00pm-Bingo	13 10:15am-Sittercise (MK) 10:30am- Easter Egg Coloring 2:00pm-Easter Party (MK)	14 10:00am-Food Committee Meeting (KC) 10:15am-Sittercise (MK) 2:00pm-Bingo	15 10:15am-Sittercise (MK) 2:00pm-Good Friday Service (KC) Good Friday	16 10:15am-Sittercise (MK) 1:30pm-Movie & Popcorn (MK)
17 9:00am-Church Service 12:00pm-Easter Lunch (KC) Easter Sunday	18 8:00am-Barber 10:15am-Sittercise (MK) 10:30am-Memory Jogger 2:00pm-Spring Refreshments (MK)	19 10:15am-Sittercise (MK) 10:30am-Mother's Day Crafts (MK) 2:00pm-Bingo	20 10:15am-Sittercise (MK) 10:30am- Current Events Coffee Social (MK) 2:00pm- Bible Study (KC)	21 10:15am-Sittercise (MK) 11:30am-Sierra View Auxiliary Lunch (Terraces) 2:00pm-Bingo	22 9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm-Movie & Popcorn (MK)	23 10:15am-Sittercise (MK) 2:00pm-Spring Refreshments (MK)
24 9:00am-Church Service 10:15am-Sunday Surprise (MK) 2:00pm-Nails	25 10:15am-Sittercise (MK) 10:30am-Trivia 2:00pm-Arm Chair Travel (MK)	26 9:30am-Men's Coffee 10:15am-Sittercise (MK) 2:00pm-Bingo	27 10:15am-Sittercise(MK) 10:30am- Current Events Coffee Social (MK) 2:00pm- Bible Study (KC)	28 10:15am-Sittercise (MK) 2:00pm-Bingo	29 9:00am- Chats with Chaplain 10:15am-Sittercise (MK) 2:00pm-Service of Remembrance (KC)	30 10:15am-Sittercise (MK) 2:00pm-Nails