



1155 East Springfield Avenue  
Reedley, CA 93654

[ ]

**Dear All. . .**

I wish to thank Sierra View Homes for the beautiful plant and also the care Jim received during his last days. He is at peace with the Lord.

Sincerely,  
Dorothy Halemeier

**Sierra View Homes Retirement Community**  
1155 East Springfield Avenue, Reedley, CA 93654  
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# In the Company of Friends

## February 2019



## EXECUTIVE DIRECTOR'S NOTE . . .

The month of Valentine's has arrived. Of course, soon after Christmas, the popular cupids and red hearts were up to remind us to be in good cheer and spend some money on goodies for our loved ones.

Let's have a little different perspective this time. I would like to remind you to take care of yourself first. Taking care of yourself fuels the good you can do in the world. True self-care is more than a collection of sayings, self-indulgence or surface-level practices. It's taking stock of your humanness and building yourself up.

Each one of us has dignity as God's Children. From the womb to death, each one is worth love and care. We were created to love and be loved. By taking care of yourself, you recognize the precious gift you were given to live a meaningful life.

Too many, especially some care givers, give so much of themselves in being thoughtful, hard-working, persistent care deliverers, and in-addition active family members. All that caring takes a toll and we can easily see some get to a fatigue that diminishes health.

To those individuals, I say take time out for yourself. The old saying, if you don't take care of yourself first, you are not going to be much help to others. It's enlightening to consider self-care as an important sustainable habit that replenishes the body, mind and spirit. Perhaps in this month, you can rework some habits that bring consideration to yourself.

Is there a danger of too much pampering of oneself? For most of us, I don't think so. The more we receive, the more we give away. There are exceptions to the rule. For example, a narcissistic personality doesn't understand about giving.

May this Valentine's Day find you replenished and able to love without limit and joyful to know that you are loved.

*Vito Genna*

## Annual Meeting . . .

Sierra View Homes will hold its Annual Auxiliary Meeting at 5:30 p.m. and Corporation Meeting at 6:30 p.m. in the Terraces Lobby on February 12, 2019. Dick Peterson, Chair, and Ed Boldt, Financial Secretary, are finishing their second term and are not eligible to run again. Joleen Siebert is finishing her first term and is willing to run again. Lance Zimmerman and Lois Strole have been placed as two candidates for election to the Board. The election of Board members will take place at the Corporation Meeting. Besides the election, there will also be a vote on whether to allow more directors on the board that are not from the Mennonite Church USA. The addendum would stipulate that at least five of the nine member must be in good standing of Mennonite Church USA and at least one of the nine members must be a resident of Sierra View Homes Retirement Community. Please call Kecia, Administrative Assistant, for any further information.

## Dear Sierra View Staff and Administration . . .

Words cannot truly express our gratitude for your on-going care and support during our dad, Lou Calerame's life at Sierra View. Back in 2005, he and mom, Rose, lived in the apartments. Then in 2014, he moved to Residential Care where he always experienced your encouraging and patient support. We are deeply inspired by the utmost compassion and care that you provided during his final days. You touched our hearts with the way you showered him with your gentle loving care. Know that we have profound appreciation for each and every person who interacted with him - to your last good-byes. You also helped us, his daughters, as we walked through the difficult time of letting go of a man who had a great sense of humor until his dying day. Sierra View Homes is a family oriented facility where workers, care givers, and the entire administration go over and beyond what is expected of them. Each person demonstrates loving care beyond the duties of a "job." Your Christ-like ministry will be forever etched in our minds. We commend each and everyone and ask the Lord's blessings on you all.

Lovingly,

Lou's daughters: Barbara Alaimo and Patricia Rizzo

## **ACTIVITY HAPPENINGS**

**SUNDAY, FEBRUARY 3, 2019 at 2:00 P.M.**

Super Bowl Pre-game Refreshments  
Mineral King Room or Founder's Room

**TUESDAY, FEBRUARY 5, 2019 at 12:00 P.M.**

Chinese New Year Lunch  
Kings Canyon Room  
Sign up in the office  
Cost - \$6.25

**THURSDAY, FEBRUARY 14, 2019 at 7:30 A.M.**

Sweetheart Waffle Breakfast  
Kings Canyon Room or Founder's Room  
Sign up in the office  
Cost - \$5.00

**WEDNESDAY, FEBRUARY 27, 2019 at 1:30 P.M.**

New Wrinkles Broadway Show (Video) and Dessert  
starring Ron Surabian and Gale "Smitty" Smith  
Kings Canyon Room

### **Annual Auxiliary and Corporation Meetings**

Tuesday, February 12, 2019

Sierra View Homes Auxiliary Meeting at 5:30 p.m.  
Sierra View Homes Corporation Meeting at 6:30 p.m.  
Terraces Lobby

## **True Prosperity . . .**

*"For the Lord watches over the way of the righteous,  
but the way of the wicked leads to destruction."*

These closing words of the very first Psalm lay out the conventional wisdom that we find throughout the books of Psalms and Proverbs. Yet so often in life we are dismayed and frustrated at how often the wicked prosper and the righteous seem to come away empty handed. It offends our sense of what is right and what is fair. We turn the Bible upside down for the secret key of what we have to do to make sure we have guaranteed security from pain, suffering and injustice.

This dilemma was on the minds of the writers of scripture as well. Of particular interest to me recently has been the book of Ecclesiastes. I recently heard a pastor summarize that Ecclesiastes asks the question: What if the problem is not God failing to grant prosperity to the righteous, but with our expectation of what prosperity looks like?

Clinton McCann suggests that "the happiness or prosperity of the righteous is not so much a reward as it is their experience of being connected to the true source of life--God." May we remember to look for the prosperity that comes not through wealth and comfort, but through the source of life--God, which was present with us all along.

**Caley Ortman, Chaplain**