



1155 East Springfield Avenue
Reedley, CA 93654

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Just for Laughs . . .

Do you know what amount of salt can hurt you? A pinch

What would a chiropractic hotline be called? Back issues.

A recent study has found that women who carry a little extra weight live longer than men who mention it.

Kids today don't know how easy they have it. When I was young, I had to walk nine feet through shag carpet to change the TV channel.

Sierra View Homes Retirement Community

1155 East Springfield Avenue, Reedley, CA 93654

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In the Company of Friends

February 2017



EXECUTIVE DIRECTOR'S NOTE . . .

A pizza fest! Recently the aroma of pizza permeated our dining areas. Some 30 large round pizzas were baked to perfection marking a celebration for staff and appreciation to our residents. The California Department of Public Health completed the licensing and certification survey and the results were fantastic. The unannounced week-long thorough investigation poured through medical records, verified care procedures, talked to residents and family members. Hundreds of regulations, state and federal, were tested. The kitchen is a part of the inspection as well. Our staff did so well that at the end of this long arduous review; the result was just one minor deficiency easily cleared away. Medicare Compare (Website) uses the information obtained from the survey and the compliance standards to obtain for each licensed nursing home a rating. Given these results, Sierra View Homes will remain in the Five Star Category, thus among the best nursing facilities in the country.

Add to that, some results from our recent quarterly Quality Assurance Committee. The committee found that we have been able to keep infection spreads low, significant injury falls to a minimum and rid our residents of unnecessary medications. There are some residents who arrive from the hospital with over 20 medications. We work diligently with the physician, the pharmacist and the resident to "de-prescribe" those meds that are no longer needed. All in all the committee found good practices were working to keep our residents safe.

So you can see why we are proud of what our staff achieved. The pizza party also marked a second year whereby practices on safety and prevention for staff injury have had good results. More importantly, we are blessed to have such a caring and concerned staff that wants the very best for our residents.

Have a good February. Happy Valentine's Day!

Vito Genna

Auxiliary and Corporation News . . .

Sierra View Homes Auxiliary will hold its annual meeting on February 16, 2017 at 6:00 p.m. in the Terrace Lobby. The activities and expenditures for the year of 2016 will be discussed. Officers will be re-installed. Members and potential members are welcome.

There will be a break from 6:30 p.m. to 7:00 p.m. for cookies/pastries and refreshments.

The Annual Sierra View Homes Corporation Meeting will be held at 7:00 p.m. following the auxiliary meeting. Three board members of the nine are up for election. Thank you for the work of Chuck Bohn, Louise Auernheimer and Dorothy Boldt. Dorothy Boldt has agreed to run for a second term. The Board of Directors Nominating Committee is placing into nomination, Joanne Kalafut as the Sierra View Homes resident representative and Bill Braun, retired pastor, to replace outgoing board members Chuck Bohn and Louise Auernheimer.

Office Changes . . .

The start of the New Year brought changes to the administrative office. Janice Gray, Comptroller for the last nine years, has reduced her hours to 20 hours a week. Kimiki has taken on the task of the Medicare, Medi-Cal, and private receivable billing. Rosie handles accounts payable and some financial reports

Diving Prohibited . . .

Our pool and spa have been out of commission and will remain so through February 13, 2017. We have procured a specialty company to re-plaster the floor and wall, replace the handrails and seal all tile work. The water line is full again, but now we have to slowly bring the water temperature up. Thank you for your patience. In the mean time exercise equipment is available.

ACTIVITY HAPPENINGS

SUNDAY, FEBRUARY 5, 2017—2:00 P.M.

SUPER BOWL

ATLANTA FALCONS vs NEW ENGLAND PATRIOTS

Mineral King and Founders Dining

Come enjoy refreshments and the Big Game

TUESDAY, FEBRUARY 14—7:00-8:30 A.M.

ANNUAL SWEETHEART BREAKFAST

**Enjoy freshly made waffles with all the toppings and
breakfast side dishes!**

Please RSVP to the office by Friday, February 10

Thanks again . . .

I really appreciated your help when I was at Sierra View. It was a good experience, and I received a good therapy and stay!

Marjorie Conrad
Rehab resident in our Care Center

Sincerely . . .

Thank you very much for the beautiful peace lily in memory of my mom. Just one more way of showing how caring and thoughtful you are.

Jana Jones
Daughter of Ottilia Arnst

WHO WOULD YOU FOLLOW?

Someone recently told me about seeing a billboard that reads, "Without sports, who would you follow?" As a chaplain you can imagine my immediate response, "with or without sports, first you follow Jesus!" But more and more I think about what this message says about how much the media influences what we follow.

What is it that leads you in your daily life? Who or what is it that you walk behind? The appropriate answer for anyone who calls himself or herself a Christian is "Jesus." But can you honestly say that Jesus Christ has the most influence in your life?

Bruce Larson, the former executive director of *Faith at Work*, was fascinated by the way life-changing truth can be communicated person to person. So he conducted an experiment. He asked hundreds of people this two part question, "Which person has been the most influential force in your life, and what was the nature of your relationship with this person?"

First, he found that the person who most influenced others always treated the other as an equal. He or she didn't provide a service but was rather a *friend* and a *servant* in the relationship. Second, in the stories that were told, the influential person was *genuinely interested* in hearing what the other person had to say. This was a sincere concern for the other person's well-being. Third, the influential persons were vulnerable and open about their own weaknesses. They themselves had needs and expressed those needs openly.

What could this mean in relationship to being a disciple of Jesus? First, when we let Jesus influence our lives, He becomes the most influential person in our lives. Though superior, he knows what it is like to be human. He befriended many people in his life. As a servant in his relationship with others he communicated God's love for all in tangible ways. We can do that!

In the stories we hear about Jesus in relationship with others he was genuinely interested in what the other person had to say. He didn't have to fake care or concern for others, he really cared for God's people, usually the ones who were on the fringes of society. We can do that!

The vulnerability of Jesus was expressed in a variety of ways. He openly wept at the death of his friend. He feared the coming days as he prayed in the garden of Gethsemane. Maybe the best example was to recruit 12 guys and take them on the road with him. Jesus was open and honest about what he needed and was not afraid to ask for help. We can do that!

Following Jesus is never easy. It usually means that we give up our self-satisfying livelihood and let someone else lead our lives. The reality of the valuable message of the Christian gospel is best conveyed relationally, not through argument or debate. People respond much more to how we feel about them and treat them than through what we try to tell them. We can do that!

Arlee Johnson, Chaplain